



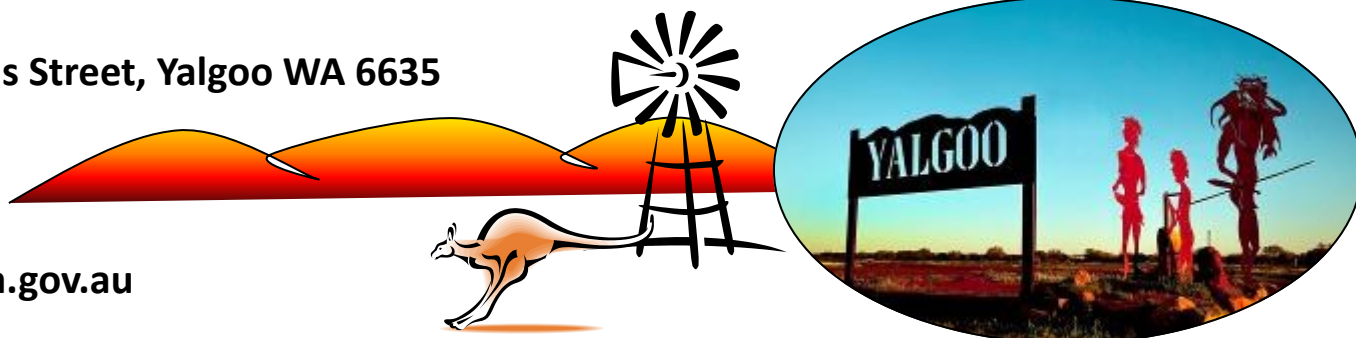
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E-mail:

reception@yalgoo.wa.gov.au



YALGOO BULLDUST

**Council & Staff of the Shire of Yalgoo
wishes everyone a very
Merry Christmas & A Happy New Year**

Christmas carols in the park

Monday, 15 December

6.30PM



GENERAL DISCLAIMER

The Yalgoo Bulldust is published by the Shire of Yalgoo as a public service for the community.

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REMINDER — DEADLINES FOR BULLDUST ENTRIES

The deadline for articles and notices to go into the Yalgoo Bulldust is the second last Friday of every month.

Contributions can be left at the Shire of Yalgoo Office or email to reception@yalgoo.wa.gov.au

Advertisement

Do you want to promote what you have to offer?

The *Yalgoo Bulldust* can help you.

At the Shire we can place an advertisement in the bulldust for the following charges:

Advertising Commercial - Full Page	(Black & White)	\$34.00
Advertising Commercial - Half Page	(Black & White)	\$23.00
Advertising Commercial - Quarter Page	(Black & White)	\$17.00

Please call the Shire If you have any enquiries on 08 9962 8042



**Chief Executive Officer
Dr Ross Theedom**

From the CEO's Desk

December 2014

As this is the final Bulldust for 2014, I thought I would give you a very brief overview of the highlights of the year. It has been a year of highs and very deep lows. There have been a range of changes in the Shire, some for the good some not so good.

At the top of the list, is the untimely loss of Mr Des Hodder, a long time employee of the Shire. Des was a gentleman, hard worker and mentor to many at the Depot staff. He is greatly missed.

The Shire has also seen the loss and commencement of other key staff:

- The Chief Executive Officer (CEO) Ms Sharon Daishe left and after two temporary CEOs, Dr Ross Theedom commenced on 30 June 2014.
- Mr Cliff Hodder retired after 21 years at the Shire. A retirement party was held for Cliff at the Railway Station on Friday 21 November 2014.
- Mr Silvio Brenzi, previously from the City of Mandurah, commenced in February 2014.

At an operational level, there has been major works on roads, with additional sealing of the Yalgoo – Morawa Road, upgrading of the Ninghan Road and maintenance grading across the Shire. The road network has been improved significantly in 2014, which is a credit to our hard working Outside Crew. Around town, maintenance on Parks and Gardens has been excellent and again is a credit to the staff looking after this area. At a Community level, there have been a range of functions and activities for the children and there has been quite a bit of planning on new sporting activities and facilities.

Another highlight was the arrival of the new CAT Prime Mover. Called the Outback Cat, this additional piece of heavy machinery wears the new livery of the Shire, which was designed by a member of staff, Ms Elisha Hodder. As new equipment arrives, these will be similarly badge. Council wanted to highlight that we are proud of being the Shire of Yalgoo and we want everyone to know who we are.

In terms of the rest of the year, the Shire would like to remind the Community that there is an Electors Meeting on 5 December 2014 where the Annual Report will be presented and residents and ratepayers will be able to ask Council questions on the operations of the Shire.

The Shire is also working with its neighbouring Shires to create a Tourism campaign in 2015 and also looking at the upgrading of signage across the Shire and region. As tourism is a key driver for economic development, the Shire of Yalgoo is looking at a range of means to improve visitor numbers and promote growth and economic development across our Shire.

In closing, the Council and staff of the Shire of Yalgoo wish you all a Very Merry Christmas and a safe and prosperous New Year.

Ross Theedom
Chief Executive Officer





December

HAPPY BIRTHDAY

- 3rd Craig Hodder Jnr**
- 4th Edwin Taylor**
- 8th Daryl-lea Hodder**
- 10th Charmaine Simpson**
- 17th Cliff Hodder Snr**
- 19th Val Jones**
- 20th Patrick Simpson**
- 26th Coralie Hill**



If you would like to see yours or even a loved ones birthday displayed in the Bulldust for all to see
Please contact the shire to let us know.



The Shire Office will be closed

From the

19th December 2014

to

4th January 2015

Re-open on the 5th January

2015



NOTICE

IMPORTANT NOTICE

The Yalgoo Shire
Depot and Equipment is

OFF LIMITS

Unless you have permission from
the Chief Executive Office or
Deputy Chief Executive Officer

This applies to all residents for their own
personal safety



Yalgoo Library

The library is open during
office hours 9am to 4pm
Mon - Fri

New books arrive every month

Games and Puzzles are available for kiddies
(Ask at the front desk)

DVD's are no longer available from the Library

Register at the front desk for your very own
Yalgoo Library card



YALGOO

HEALTH CENTRE SERVICE SCHEDULE

September to December 2014

Please be advised that the WA Country Health Service Nurse will
be in the Health Centre (Nursing Post) every second week.

During the weeks the Nurse is not in the Health Centre, a Nurse
from the Mt Magnet Health Centre will endeavour to provide a
nursing service twice per week on Tuesdays and Thursdays.

There may however be unforeseen circumstances when this is
subject to change with little notice.

The Royal Flying Doctor Service will provide a GP clinic on the
following dates:

December 9th 2014

December 23rd 2014

The GRAMS Murchison Outreach Service will provide a Mobile
Clinic Service on the following dates:

December 8th 2014



Government of Western Australia
Department of Transport



Shire Office Closed to Licensing



As of
Monday 15 December 2014

Will be Re Opening

Mondays 5 January 2015

BROKEN WINDSCREEN?

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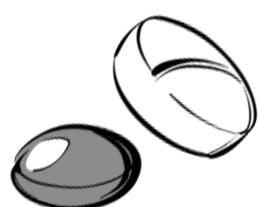
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Unwanted Medication



If you have tablets or any other medication you no longer
need or want

Please return them to the NURSING POST instead of
throwing them out.



A Day Trip

Yalgoo to Wurarga

Wurarga is an abandoned town well worth a visit. Take a drive 54 kilometres from Yalgoo along the Geraldton—Mt Magnet Road and see the remains of the old railway line, siding, hotel ruins and Wurarga Dam. You can also visit the lonely graves on the other side of the dam.

The Railway:

In 1896 the railway line and Wurarga Siding were built and by 1897 there was a platform with a stone station house and resident station manager. 1890 to 1910 saw the line expand to Mt Magnet, Meekatharra and finally stopping at Wiluna. In 1923 Wurarga became an unmanned station with no resident station master and in 1974 the line closed. As often happens in remote towns when the rail line closes, towns decline. When the main road was re-routed in the late seventies it spelt the end of Wurarga.



The Town:

1896 William Mooney build a hotel adjacent to the siding and became the first licensee. The hotel operated for 74 years until March 1969 when it was de-licensed. In 1902 the population was nine people with four white stone cottages, including a store. The little store remained until the late seventies but with the rail closure and the rerouting of the main road, it stood no chance and closed. This spelt the end as slowly but surely Wurarga is being reclaimed by the bush.

The Dam:

1932 was the year the dam was enlarged. The stone channels branching out into the water catchment area is worth seeing. The dam is a cool relaxing place for a picnic lunch.



Lonely Graves:

It's a sad sight to see the 3 lonely untended graves in the middle of no where with no records of the burials. These graves were uncovered in 1934 when enlargement of the dam occurred and re-interred at the site you can see today. The graves are believed to be; Hugh Moore: died 1907, Edward Holt: died 1911, John Wiseman: died 1912 and baby Nora Byrne.



YALGOO INSPIRED LIVING PROGRAM

The Inspired Living team had a fantastic time launching the Yalgoo program and hope to be back in the community again soon.

5 November 2014



2014 SNAPSHOT

Trip 1 Key topics:

- Introduction to Mentors and Inspired Living Program
- Leadership Development
- Health and Fitness

Mentors:

- Travis Gaspar – Former AFL footballer
- Ben Cousins – Brownlow medalist

Trip 2 Key topics:

- Goal Setting
- Over-coming setbacks and building resilience
- Leadership Development

Mentors:

- Travis Gaspar
- Ben Cousins
- Brad Robbins – Former Perth Wildcats Captain

Inspiring Leaders of Tomorrow

Thanks to our major partner MMG, the Inspired Living team headed to Yalgoo for the first time in 2014. The Yalgoo Inspired Living Program aims to help the youth of Yalgoo achieve their best. The mentors work to develop life and leadership skills and promote the importance of education, all whilst creating an awareness of key health and wellbeing issues.

During two visits to the community, the Inspired Living team spent time with the students Yalgoo Primary School and with the rest of the community at the Rage Cage. The mentors included champion AFL footballer Ben Cousins, Former Perth Wildcats basketball captain Brad Robbins, and Former AFL footballer Travis Gaspar.



What Happened?

Inspired Living Mentors Ben Cousins, Brad Robbins, and Travis Gaspar worked with the school and community

Ben Cousins and Travis Gaspar visited Yalgoo for the first trip on Thursday, 5 June 2014. They worked with an eager group of students at the Yalgoo Primary School, first in the classroom and then out on the school oval. In the classroom, Travis and Ben introduced themselves and discussed their backgrounds before presenting the Inspired Living program and its objectives. They talked about the Inspired Living Leadership program and the importance of behaviour, goal setting, education, health and wellbeing.

After school it was down to the Rage Cage for some fun getting active playing basketball, football, and soccer.

Brad Robbins joined Travis and Ben on the second trip, which was held on Thursday, 14 August. At the school, Brad spoke of his days as the Wildcats Captain and what it takes to be a strong leader. He then went onto speak about using goal setting to overcome setbacks and adversities in life. All the mentors helped the students set goals towards their ambitions at school, in sport, and with their health. The team talked about the

importance of building resilience, as well as acknowledging when you need to ask someone for help. Following the class session, everyone hit the courts for a basketball training session and some exciting game time. Down at the Rage Cage, it was time for a community basketball game. Brad, Ben, Travis, Pip Parsons (Shire of Yalgoo Community and Youth Development Coordinator) and Mata Te Hiini ran a successful session that saw a great turn out of young people in the community.

What were the outcomes?



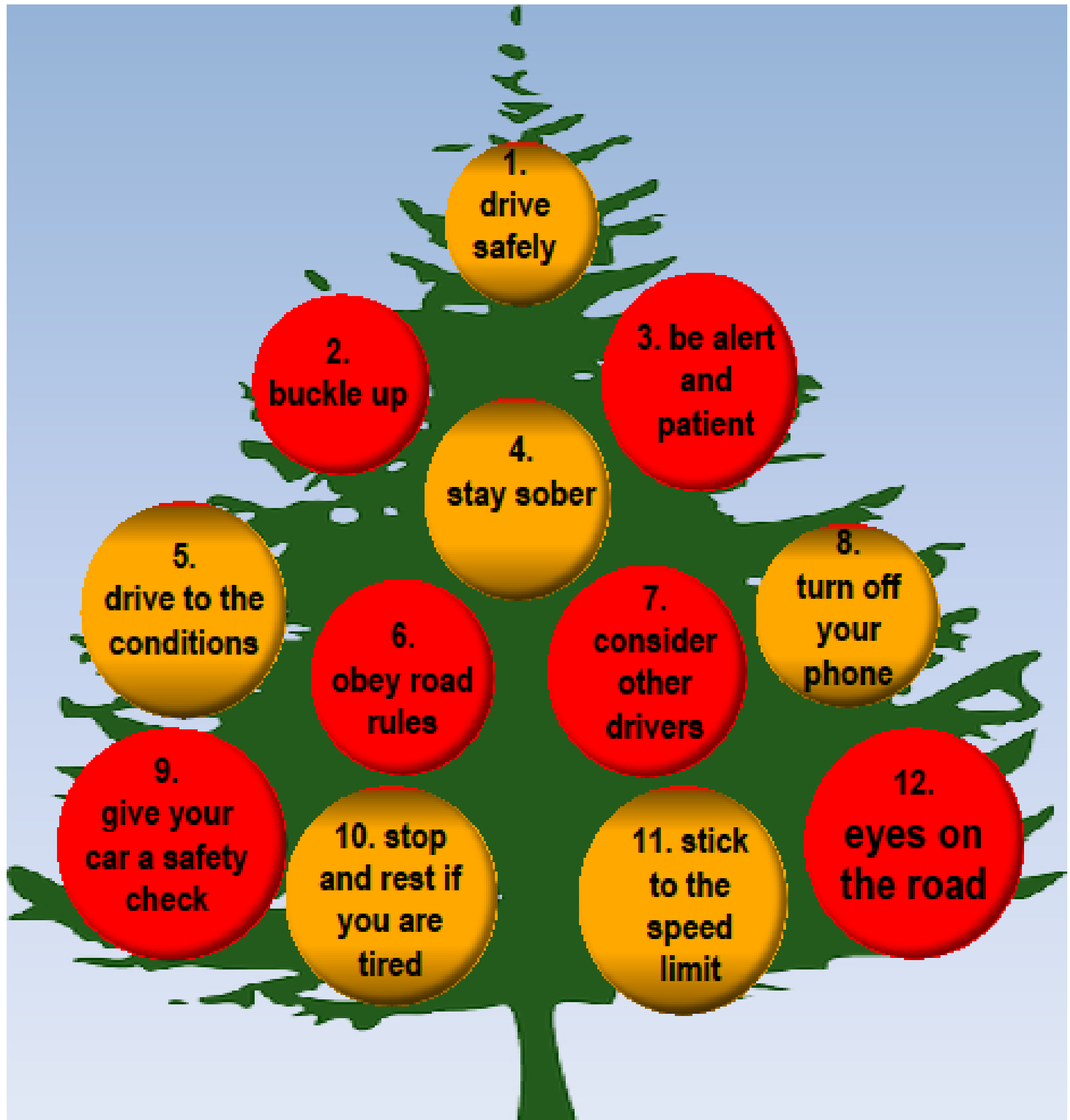
The Yalgoo Inspired Living Program had a positive impact on the young people of Yalgoo. Feedback from the school program was pleasing with the majority of participating students demonstrating an improvement in their goal setting, leadership, and teamwork skills. The program was also considered to have supported improved student attendance rates, academic performance, behaviour at school, and attitudes towards teaching staff.

Special thanks...

We would like to take this opportunity to thank the Principal – Zelda Marsh – and teachers of Yalgoo Primary School for their support of the program. Thanks to Pip Parsons and Mata Te Hiini for their valuable assistance in running the program. And, a special thank you to major sponsor MMG and to Danae Sheldrick (MMG Community Relations Advisor) for helping make it all happen!

The overarching message of the Inspired Living program is to respect yourself and others to create a better, healthier future for you and your community, and we hope to continue to develop this motto with the people of Yalgoo.

*On the first day of Christmas
my loved ones advised me.....*



and arrive home safely

TOWARDS ZERO



getting there together

Yalgoo Jockey Club

Meeting

Thursday 4, December 2014

Old Railway Station

12.00pm



Members of the community
are invited



SPECIAL COUNCIL MEETING

Notice is hereby given that a Special Meeting of Council will be held in the Council Chambers, Gibbons Street, Yalgoo on Friday 5 December 2014 commencing at 1:00pm. The purpose of the meeting is to accept the Annual Report for the year ended 30 June 2014.

Dr Ross Theedom
MEC PHD FAIM GAICD MLGMA
Chief Executive Officer



ANNUAL GENERAL MEETING OF ELECTORS

The Annual General Meeting of Electors will be held in the Council Chambers, 37 Gibbons Street Yalgoo on Friday 5 December 2014 commencing at 2:00pm.

Order of Business

1. To receive the Annual Report for the year ended 30 June 2014.
2. General business.

You are invited to provide any matters that you intend to discuss in writing to the Shire by 4:00pm Friday 28 November 2014.

Copies of the Annual Report are available for inspection from the Shire Office and Library, 37 Gibbons Street, Yalgoo. You may request an electronic copy by emailing pa@yalgoo.wa.gov.au.

Dr Ross Theedom
MEC PHD FAIM GAICD MLGMA
Chief Executive Officer



Melbourne Cup comes to Paynes Find with Elegance

The day started off with the hardest task of all, making the choice of *What!!!* do you wear, and as for what you accessorise the outfit with when those shops are just not available - Which is a good thing for the budgets.

The morning was followed on by the Roadhouse being convert to a temporary, hairdresser and beauty salon to complete the finishing touches.

A really great day was had by all and after the race, again we were spoilt, sitting down relaxing and enjoying some lovely finger food prepared by the Roadhouse team.

Some people were lucky enough to increase their pocket money as they took off the winning prices in the Melbourne Cup Sweep.

If you were one of these lucky winners Congratulations

Sweeps	\$2	\$5	\$10
1 st Place	\$20	\$50	\$90
2 nd Place	\$15	\$40	\$75
3 rd Place	\$9	\$20	\$55



Community & Youth Development **News** from **piP**

Well I had a fantastic holiday visiting one of the wealthiest countries in the world (USA) and one of the poorest (Cuba) and both were amazing. The people I met in both countries were really friendly and helpful and the cultures of both countries are incredibly interesting. But... it's back to the grindstone in Yalgoo and there is plenty on and coming up.

For those of you who don't know I have moved office and I am now located in the main Shire administrative office and available on the office number... 9962 8042.

Calendar of Activities for 2015

I am currently preparing a calendar of activities for 2015 and I'd love to hear the ideas of community members on what you would like included in the calendar. A small amount of funding might be available to help run activities or your ideas could be used to apply for larger grants.

We know some of the ideas like more polymer clay and other art workshops, basketball competition trips away and camps and day trips. Are there other ideas for activities out there? Please have a think about it and let me know of any ideas you have...don't be shy now, we want to hear from anyone who has an idea, no matter how big or small... and that includes everyone, not just those in Yalgoo!

Reconciliation Action Plan

The Shire of Yalgoo is going to develop a Reconciliation Action Plan or RAP for short. What's a RAP I hear you ask!

Well a RAP outlines practical actions the Shire will take to build strong relationships and enhanced respect between Aboriginal and Torres Strait Islander peoples and other Australians. The RAP also sets out the Shire's plans to drive greater equality by pursuing sustainable opportunities for all Australians.



Reconciliation
A U S T R A L I A

RECONCILIATION ACTION PLANS

Put simply, the RAP is about the Shire turning its good intentions into real actions... and we want you to be part of it.

Over the next couple of months I will be drafting up the Plan but it would be great to hear your views on what should be included.

There are plenty of RAPs about including in Local Government. If you want to have a look at some to get an

idea of what can be included then get to a computer and look up <http://www.reconciliation.org.au/raphub/category/who-has-a-rap/local-government/>. If you don't have a computer and you want to check this information out then let me know and I will organise access or help for you.

Yalgoo Community Garden

The Shire wants to build a community garden for...well the community of course!

Do you want a plot for your family to grow and eat fresh salad and vegetables? Community gardens are taking off all around Australia and communities are reaping the benefits of eating fresh garden produce, getting plenty of gentle outdoor exercise and having the opportunity to work together as a community.

The Shire plans to build the community garden at the old slaughterhouse over the hill to the West of town.

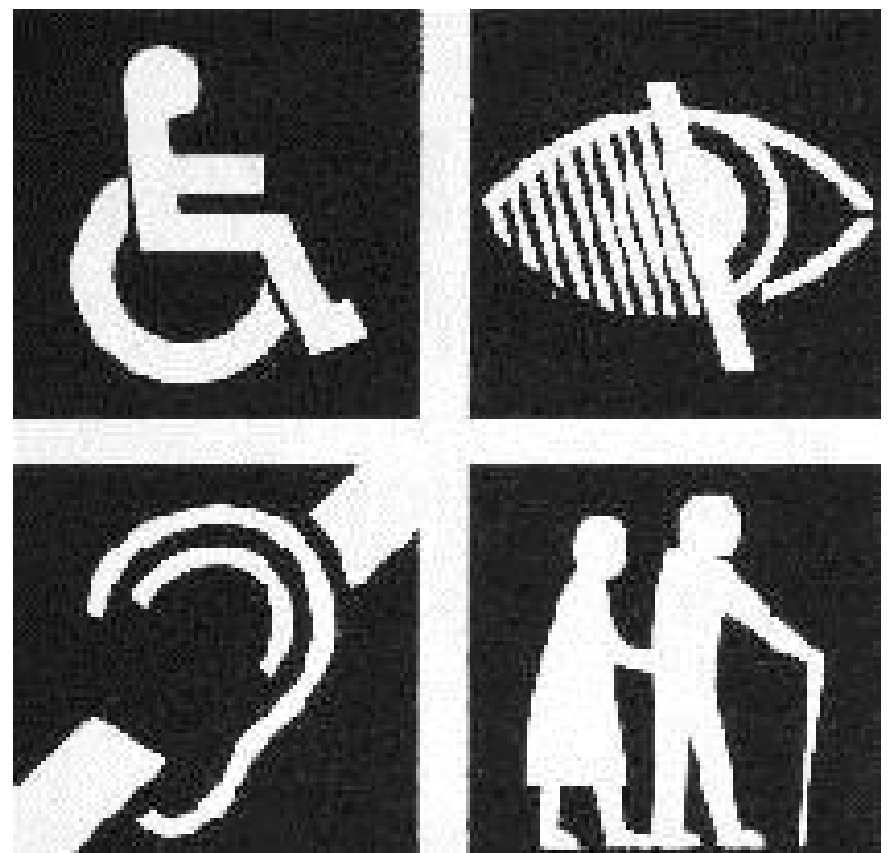
There's plenty of good water there and good accessible land. We hope to start building in the next few months. If you would like to get involved in the design and building of the gardens then contact me and we'll get you on board.



Disability Access & Inclusion Plan

The Disability Access & Inclusion Plan has currently being reviewed for the first time in a long time and is up for community consultation. The Shire encourages everyone in the community to have a look at it and submit their comments. You can download a copy of the Plan on the Shire website at <http://www.yalgoo.wa.gov.au/Assets/Documents/Yalgoo-DAIP-2014-Draft.pdf>. Or contact me and I can arrange for a copy to get to you.

Remember that an accessible and inclusive world makes life easier for everyone, not just people with a disability. That is why we are keen to hear from everybody.



School Holiday Program

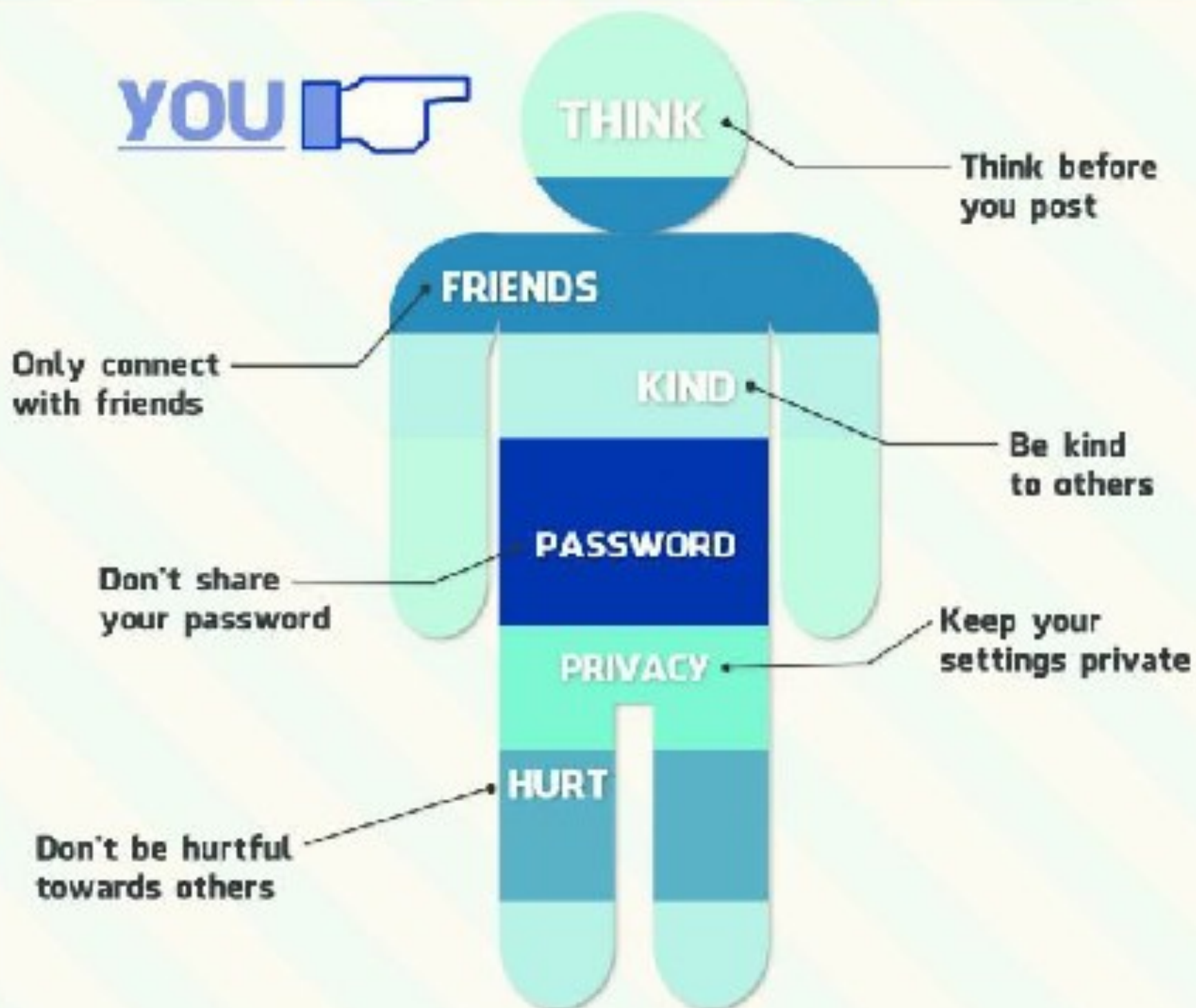
We are off to Lake Leschenaultia near Perth for our annual school holiday camp, leaving Yalgoo early on Friday 16 January and returning late on Saturday 24. Pre-schoolers and children and young people attending school and their parents or gaurdians are invited to book a place on the camp.

This is a camping trip so it is air mattresses and tents only and there is no power. Students from the University of WA will be helping Mata and me to run the camp. Please note that children under 8 years old must be accompanied by a parent or guardian.

There are limited places so please book early to avoid disappointment.

Safety on the net

safebook





PARENTS & TEACHERS

Join Facebook
Understand how it works
Teach safety and responsibility
Privacy - check their settings



FRIENDS

 **DON'T:** Stay silent

 **DO:** Help your friend
Report the bully
Tell your parents
Tell your teacher



THE BULLY

 **DON'T:** Respond

 **DO:** Save what they say
Unfriend the person
Block them
Tell a Friend
Tell your Parents
Report the person

TELL • UNFRIEND • BLOCK • REPORT

This is our reaction to cyber bullying. We must all play our part! Play yours. email design@fuzion.ie for a print ready file

Partying and Sleep

We know a lot of people like to party in Yalgoo and there is nothing wrong with a good party. Sometimes though, the parties can go on a bit long and a bit loud.

For babies and children this can be a problem. We all need our sleep to be at our best. This is particularly so for the little ones and their development and education.

So, next time you party, please think of the kids, particularly if school is on the next day. Here's a little article on the importance of sleep.



Sleep is essential for your child to grow, learn and develop. When your child is well rested, they are also less likely to be grumpy and easily upset.

Sleep and rest routines

Settling and sleep do not always come easily, but forming good sleep habits in the first year of life can help you to maintain routines with your children as they grow up.

You can support good sleep habits for your child in a number of ways:

- **Be alert to signs of tiredness.** If your baby or toddler is clumsy, clingy, crying or grizzly, or demanding constant attention these can all be signs that they are tired. Being bored by their usual toys and fussier than usual with food can also indicate tiredness.
- **Respond to signs of tiredness by reducing stimulation.** Once you have noticed that your child is getting tired, it's time to reduce stimulation to prepare them for rest. Put toys away, reduce light, play quiet music and talk in a way that is quiet and soothing.
- **Make some quiet time before bed.** Take your child to their room for some quiet activity such as a gentle song together or some time to have a cuddle.

Depending on how noisy and active your house is or how active your child's day has been, the amount of quiet time they need will vary. Some children will only need a few minutes before they're ready to sleep and others will need a bit longer.

Doing the same set of activities in the same order around sleep time with your child helps them to learn about healthy sleep routines and move in to a calm, ready-for-bed mood.

Some children will have sleep problems that go beyond putting a good sleep routine in place. If you have particular concerns about your child, you can talk with your GP for more help.

Next Month... sleep and older children.



What is Otitis Media?

Otitis media (also known as 'ear disease' and 'middle ear infection') is the medical term for all forms of inflammation and infection of the middle ear.

How to help prevent?

Keep well, stay active and eat fruit and vegetables daily

Keep your nose clear, blow your nose

Good hand washing

Avoid tobacco smoke exposure

Have your flu vaccine yearly



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GMML Head Office

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T: 08 9960 6800 F: 08 9960 6899

Allied Health Office Geraldton

32 Holland Street, Geraldton WA 6530
PO Box 111 Geraldton WA 6531
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www.gmml.org.au

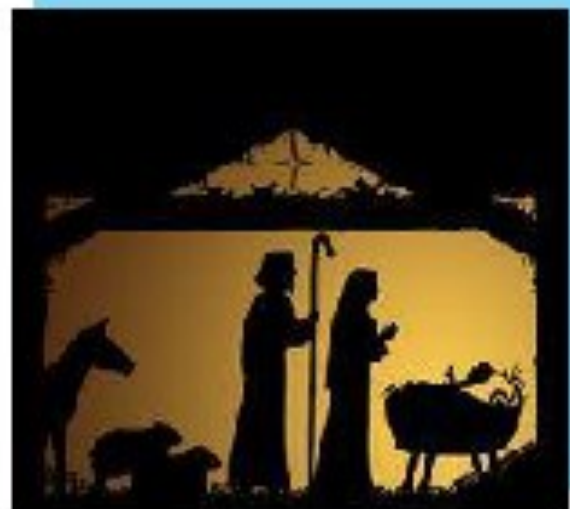
Medicare Local gratefully acknowledge the financial and other support from the Australian Government Department of Health
The Greater WA Health Partnership Limited (ABN 91 152 101 936), trading as Goldfields-Midwest Medicare Local

CENTACARE YALGOO

DECEMBER 2014



***MERRY CHRISTMAS ***



Merry Christmas everyone, have a safe and wonderful Christmas as you spend time with friends, family and loved ones. Come and celebrate an evening of song, fun, laughter and entertainment at the Centacare Community Christmas Carols in the Park on Monday 15 December @6.30pm.

"Maa te Atua Koutou hei manaaki.. God's blessing Mata Te Hiini".

"YALGOO XMAS CAROLS IN THE PARK 2014"



There will be a Christmas Carols practice at the shire hall on 5.30pm sharp on Tuesday and Thursday nights ALL REINDEER WELCOME (male and female)

"RUDOLF"

MANS BUSINESS

The Men's group will be meeting this weekend on Saturday 29th November 2014 at the Yalgoo Railway Station @ 9.00am. Come along for breakfast and discuss the issues that are affecting our community, "Don't miss out, come and have your say".

Please contact Mata or Percy on 0899628207 for details.

Update: Keith O'Connor has volunteered to work on an Xmas tree & lights project and has enlisted the help of Percy Junior and Bubba Craigwe need more volunteers so please contact Keith for details or Mata on 07 99628207.

"Don't forget guys Christmas carols practice at the Shire Hall next Tuesday & Thursday @5.30pm.... don't be late".

WOMEN'S GROUP



Bring a friend along for a yarn, a cuppa and sandwich. Come along for a variety of different activities learn about Basic computing and office skills and next Thursday 04 December line dancing??... All welcome. Women's group is held at the shire hall every Wednesday from 12 – 2pm. Come for a cuppa, sandwich and a yarn. The group is for women of all ages see you there...

"LOCAL BASKET BALL CHALLENGE"

Fitness and exercise

A

great team effort from the men & Teenage boys of Yalgoo last week.. come along and be a part of our deadly team as we do battle in Mt Magnet on Monday nights, (We also need a women's and mixed team) don't forget to bring along a couple of bucks for dinner. For more information please contact Mata on 08 – 99628207 Bus leaves Monday afternoon from Yalgoo @3.30pm sharp at the Shire hall.

PLAY GROUP

Play Group needs your Child's participation and support to keep Play Group in operation so if you any littlies under the age of 3 bring them along and support the local Play Group.

Play Group is held at the Shire hall every Monday and Wednesday from 9am – 11.30am, for further inquiries please contact Tamisha Hodder or Mata Te Hiini on 99628207.

OP SHOP

The Op Shop is open every Thursday from 11am. If you have anything to donate please contact Tamisha Hodder on 99628207.

COUNSELLING SERVICES

Northern Districts Community Support Group - Morawa Family Counseling Service. Family and financial counselors available to provide support to rural individuals and families; through counseling; information and education. This is a free service to the families of Yalgoo.

Address: *Morawa Family Counseling Service
PO Box 6, MORAWA, WA, 6623, Phone :08 9971030 Relevant subjects for this organisation: Counseling, Family and Community Groups/Support Services: for more Info please contact Anne Hague directly or Mata at the Centacare office.*

KUPU HOU – NEW WORDS

Ihu Karaiti

Jesus Christ

Mere

Mary

Mata Te Hiini

*Indigenous Parenting Co-ordinator
Centacare Family Services*

*15 Shamrock Road **YALGOO WA 6635***

Phone: (08) 99628207 Fax: (08) 99628206

mata.tehini@centacaregeraldton.org.au

“TENĀ RĀ KOUTOU KATOĀ”



2014 Annual MMG Golden Grove – Yalgoo Community Update

In 2014 MMG ran one Bayalgu training course with six trainees including several from Badimia. All participants successfully completed the program and were provided the opportunity to work with MMG or contracting partners. MMG attended the Meedac Women on the Move course in Yalgoo to residents to apply for Bayalgu.

NAIDOC week was celebrated at Golden Grove with a good feed of kangaroo tail and listening to Johnny Ford and the Baldja Boys. MMG co-ordinated the band with the Shire of Yalgoo and is pleased to see the band return for the Emu Cup.

John Morrissey, MMG's Environmental and Pastoral Services Co-ordinator, has continued to manage the Muralgurra Pastoral Lease and other land management issues on our mining leases. Throughout 2014 MMG has continued its baiting and trapping program in order to contribute to reducing feral animals in the area. Over 5000 dog baits have been laid and 10 dogs successfully trapped while over 400 goats were removed.

Again the Yalgoo community has supported the annual Yahoo Yalgoo fundraising work. We would like to issue a special thanks to Pip and Mata for driving the ambulance. The Yahoo Yalgoo walk raised over \$27,000 to Camp Quality where funds are used for MidWest families in need.

Olive Gibson has continued to support the Golden Grove Cross Cultural Awareness training program which is an important part of our commitment to supporting cultural diversity in our workplace. The Shire put forward four employees who participated in the course which received positive feedback from all that were involved.

Throughout 2014 MMG Golden Grove has continued to contribute to invest in the Yalgoo community through its commitments with the Shire of Yalgoo and through a range of partnerships and small grants.

Specifically we have committed investment and in kind support to the following:

- Ongoing partnership with the Shire for maintenance and upgrade of the Yalgoo Ninghan Road
- Support for the Community Youth Development Coordinator through the investment agreement with the Shire
- Small gift grants to: the Yalgoo Jockey Club for ongoing sponsorship of the Yalgoo Cup race Day; Emu Cup – Goo Fest; Wirra Barna Artists travelling to the International Fashion Festival and Meekatharra School of the air P&C.
- Ongoing partnership with Mid West Life Education for the Mid West regional tour
- Sponsorship for the Community Development Passport Program at Yalgoo Primary School
- Sponsorship of the Mullewa Muster and Rodeo
- Sponsorship of the ACDC Art with Heart project workshops
- Sponsorship of the Goals for Life program bringing Ben Cousins and Travis Gasper in Yalgoo
- In kind donations including; beds with mattresses and flights to support Shire business in line with Shire investment agreement.

Should you have a concern, complaint or grievance relating to our operations we encourage you to contact us to discuss the matter. A Complaints and Grievances Form can be obtained from the Shire office, through our MMG website or alternatively by contacting our SHEC department on (08) 9956 4132.

MMG Golden Grove wishes the whole community of Yalgoo a safe and restful festive season and we look forward to continuing to partner with the community in 2015.

**Breast feeding gives your child the best start
and can help reduce the rates of ear disease**

**Have regular health check ups
Report any fever, sore ears or difficulty hearing
to your Doctor as soon as possible**

**If your nose has a cold, your ears get
sick too! Ear disease can be
prevented and treated for you!
So take care of your ears as you only
have two!**

**Goldfields-Midwest Medicare
Local's Chronic Disease Nurse,
Paula Wynne advocates Happy,
Healthy Ears!**



www.gmml.org.au

GMML Head Office

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T: 08 9960 6800 F: 08 9960 6899

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7559

Disability Access and Inclusion Plan Review

The Western Australian Disability Services Act (1993) requires Local Government authorities to develop and implement disability service plans to ensure that people with disabilities, like other members of the community, can access services provided by public authorities in Western Australia.

To improve access for people with disabilities, the Shire of Yalgoo is currently reviewing its Disability Access and Inclusion Plan, (DAIP).

The Shire is committed to achieving the seven standards of its Disability Access and Inclusion Plan which are as follows;

1. Provide a means of ensuring that people with disability have the same opportunities as others to access the services of, and any event organised by the Shire of Yalgoo.
2. Provide a means of ensuring that people with disability have the same opportunities as others to access buildings and other facilities of the Shire of Yalgoo.
3. Provide a means of ensuring that people with disability receive information from the Shire in a format that will enable them to access information as readily as others are able to.
4. Provide a means of ensuring that people with disability receive the same level and quality of service from the staff of the Shire of Yalgoo as other people.
5. Provide a means of ensuring that people with disability have the same opportunities as others to make complaints to the Shire of Yalgoo.
6. Provide a means of ensuring that people with disability have the same opportunities as others to participate in any public consultation with the Shire of Yalgoo.
7. People with disability have the same opportunities to obtain and maintain employment with the Shire of Yalgoo.

We are interested to hear your thoughts regarding how the Shire can improve access to its services, facilitates and information.

A copy of the draft Disability Access and Inclusion Plan can be found on the Shire's website at www.yalgoo.wa.gov.au. Alternately, a copy of the draft can be emailed or posted to you on request. Please phone 9962 8042.

Comments will be received by the following means:

Post: Shire of Yalgoo
PO Box 40
Yalgoo, WA 6635

Telephone: Pip Parsonson on 9962 8042

email: community@yalgoo.wa.gov.au

Online at: www.yalgoo.wa.gov.au

Comments on the draft will be received by the Shire until close of business on 5 January 2015



Recipe



Skewer Duo

Chicken & Chorizo Skewers

Makes 8

Ingredients

1 Chicken breast, Cubed

1 Chorizo Sausage, sliced

Extra virgin olive oil spray

1/2 cup (90g) salsa

Method

Onto a skewer thread meat

Spray lightly before grilling over medium heat on a flat plate or BBQ for 4 minutes each side or until cooked through

Serve warm with salsa as a dipping sauce



Heavenly Haloumi Skewers

Makes 8

Ingredients

24 Basil large leaves

180g Haloumi cheese, cut into 16 cubes

16 semi dried tomatoes

3tbs. (45g) balsamic glaze

Method

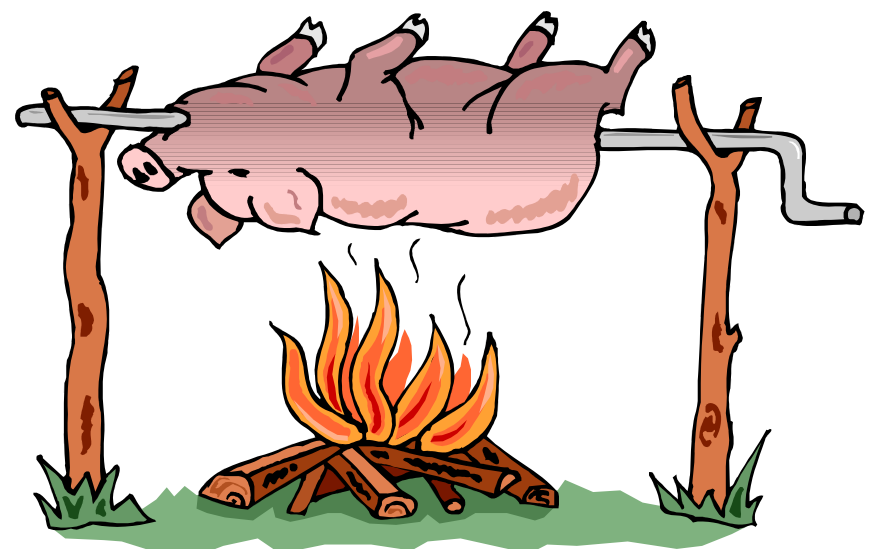
Take four bamboo skewers and cut in half using good quality scissors

Thread each skewer with basil leaf, followed by a slice of semi dried tomato then a cube of haloumi

Repeat until all 8 skewers are created

Pre heat a flat plat or BBQ and toast each side for 2 minutes or until golden

Serve warm seasoned with salt and pepper and drizzled with balsamic glaze.



yummy tummy

food that makes your tummy happy

KIDS' CORNER



1. Can you find these?

candy • angel • hair dryer • ray gun • snow globe • book • mp3 player • spinning top • joystick • bag

Snake bite



first aid

In a medical emergency, call Triple Zero (000) for an ambulance.

Warning

DO NOT wash venom off the skin.
DO NOT cut the bitten area.
DO NOT try to suck venom out of wound.
DO NOT use a tourniquet.
DO NOT try to catch the snake.

- **Signs** are not always visible but may be a puncture marks, bleeding or scratches.
- **Symptoms** developing within an hour may include headache, impaired vision, nausea, vomiting, diarrhoea, breathing difficulties, drowsiness, faintness, problems speaking or swallowing.

What to do

1. Follow DRSABCD.
2. Reassure the patient and ask them not to move.
3. Apply a broad crepe bandage over the bite site as soon as possible.
4. Apply a pressure bandage (heavy crepe or elasticised roller bandage) starting just above the fingers or toes of the bitten limb, and move upwards on the limb as far as can be reached (include the snake bite). Apply firmly without stopping blood supply to the limb.
5. Immobilise the bandaged limb with splints.
6. Ensure the patient does not move.
7. Write down the time of the bite and when the bandage was applied. Stay with the patient.
8. Regularly check circulation in fingers or toes.
9. Manage for shock.
10. Ensure an ambulance has been called.



© St John Ambulance Australia. St John first aid protocols are for the Australian market only. All care has been taken in preparing the information but St John takes no responsibility for its use by other parties or individuals. This information is not a substitute for first aid training. St John recommends practical first aid training courses.

SAVE A LIFE – BE FIRST AID READY
WWW.STJOHN.ORG.AU 1300 360 455

Version Sept. 2014.

Deadly Snakes found in Western Australia

The Brown



The Brown Snake may be found all over Australia. It has extremely potent venom, and although the quantity of venom injected is usually small, this snake causes more deaths in Australia than any other. The Gwardir is also known as the Western Brown snake, and the Dugite is a spotted brown snake found in Western Australia. When bitten by a brown snake you will need brown snake anti-venom.

The Dugite



The dugite a member of the **brown snake family** is coloured grey, green or brown. As with most snakes, the colours vary between individuals and are not a reliable way of identifying the snake. The most reliable method of identification is by the shape of the head. In the case of a dugite, the head is small compared to the neck. They prefer sandy areas and like most snakes will not normally approach populated areas. In Western Australia they are common in bushland areas, such as Perth's outer suburbs.

Here is a grey dugite to show colour can be an unreliable



means of identifying a dugite. Notice both snakes have the same body and head shape.

It has been brought to attention that a creature that may have been a dugite was seen at The Swiss Club property at Gidgegannup. So be **cautious** when there during the summer months.

Tiger Snake



The tiger snake lives in the temperate southern areas of Australia. The tiger snake bite is currently one of the most common snake bites in Australia, along with brown snake bite. Mainland tiger snakes are active on warm summer evenings, and are attracted to farms and outer suburban houses, where they hunt mice and rats, and where they may be trodden on by unwary people barefoot at night. They prefer swampy or marshy ground, and hunt frogs around creeks, rivers or dams. They are solidly built, with broad, flattened heads. When disturbed, tiger snakes may flatten their necks in a threat display. Adults are usually banded, and colour may vary from pale yellow to almost black. Occasionally, the bands may be absent, leading to difficulties with identification.

King Brown or Mulga snake



The king brown (or mulga) snake is found in all arid parts of Australia, and has the greatest venom output. It has a strongly defined dark crosshatched pattern on its scales, and is related to the black snakes not the brown as its name suggests. It feeds on rats, mice, birds, lizards and other snakes. It is active at night, especially in hot weather. They may become aggressive and strike repeatedly if threatened. When bitten by a king brown snake you will need black snake antivenom.

Death Adder



The death adder has a characteristic appearance and may be striped. Death adders are found throughout most of Australia. They are ambush predators, concealing themselves in leaves, sand or gravel and twitching the ends of their tails to attract prey. Prey consists of frogs, birds, lizards, mice and rats. It is mainly active at night.



RED-BACK SPIDER

Description

As its name suggests, the Red-back Spider has a noticeable red stripe or hourglass-shaped marking on its back, which stands out against its black body. The markings are more prominent on females.

Diet

The Red-back Spider is a **carnivore** and eats almost any insect that gets trapped in its web. It is also known to eat young mice and lizards. Young Red-back Spiders eat each other after hatching, until they find another food source.

In the wild

Only the female Red-back Spider is capable of hurting humans. The male's teeth cannot pierce human skin. Females are also bigger than males which only reach 10 mm in length. Over 250 Red-back Spider bites are treated in Australia each year, however, they are very rarely fatal. In fact, no deaths have been reported since the introduction of an anti-venom about 50 years ago.

Red-back Spiders often live close to humans in uneven, messy looking webs that have a tight, funnel-like base area near the top. They live in sheltered, dry areas such as rocks, sheds, woodpiles and corners.

Threats

Small wasps can puncture Red-back Spider egg sacs with little holes and eat the eggs.

At Perth Zoo

The Red-back Spider is on display at the Nocturnal House along with other spiders, arthropods and insects.

Did you know?

In a cannibalistic mating ritual, the male performs a somersault and lands on top of the female so his abdomen ends in her face. The female usually begins to eat the male while he finishes fertilising her eggs. Most males do not survive the mating process.

Scientific Name
Latrodectus hasselti

Conservation Status

Extinct

Extinct in the Wild

Critically Endangered

Endangered

Vulnerable

Near-Threatened

Least Concern

Data Deficient

Not Evaluated



Body Length: 5–15 mm

Incubation: 2–3 weeks

Number of young: 3–10 sacs, each containing up to 300 eggs



Distribution

Distribution: Australia

Habitat: Most habitats, including urban areas



Spider bite



+ first aid

**In a medical emergency,
call Triple Zero (000) for
an ambulance.**

Signs & symptoms

General symptoms

- sharp pain at bite site
- profuse sweating
- nausea, vomiting and abdominal pain.

Additional symptoms of a Funnel-Web spider bite

- copious secretion of saliva
- muscular twitching and breathing difficulty
- small hairs stand on end
- numbness around mouth
- copious tears
- disorientation
- fast pulse
- markedly increased blood pressure
- confusion leading to unconsciousness.

Additional symptoms of a red-back spider bite

- intense local pain which increases and spreads
- small hairs stand on end
- patchy sweating
- headache
- muscle weakness or spasms.

Possible signs and symptoms of other spider bites

- burning sensation
- swelling
- blistering.

What to do

1. Follow DRSABCD.
2. Lie the patient down.
3. Calm and reassure the patient.

Apply management for:

Funnel-web / Mouse spider

- if on a limb, apply a broad crepe bandage over the bite site as soon as possible
- apply a heavy crepe or elasticised roller bandage starting just above the fingers or toes of the bitten limb, and move upwards on the limb as far as can be reached (include the bite). Apply firmly without stopping blood supply to the limb.
- immobilise the injured limb with splints and ensure the patient does not move
- ensure an ambulance has been called.

Red-back spider

- apply an icepack (cold compress) to the bitten area to lessen pain
- seek medical attention if patient develops severe symptoms.

Other spider bites

- wash with soap and water
- apply icepack (cold compress) to relieve the pain
- seek medical attention if patient develops severe symptoms.

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The Yalgoo Community is invited
to attend the

2014

Children's Christmas Party

On

Thursday, 11 December 2014

3:00 PM to 5:00 PM

Gibbons Street Park

Hosted by the Shire of Yalgoo

Afternoon includes

Food, Drinks,
water slide for the kiddies
& Santa Clause

Yalgoo Primary School

School Concert

Tuesday December 9
at 5:00 PM

Yalgoo Primary School
Henty Street
YALGOO, WA 6635

Hosted
by the Local School

Graduating Primary School this year
are

Tia Lee
Kobi Little
Charmaine Hodder
Craig Hodder
Timothy Page

