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Agenda for the Healthy Community Project Reference Group meeting
to be held in the Shire Hall Meeting Room
on Monday 15 October 2007, commencing at 3:00 pm.

1. CHAIRMAN'S OPENING AND WELCOME

2. RECORD OF ATTENDANCE/APOLOGIES

3. CONFIRMATION OF MINUTES

BACKGROUND

Minutes of the HCPRG have previously been circulated.

VOTING REQUIREMENTS

Simple majority

OFFICER RECOMMENDATION

That the Minutes of the Healthy community Project Reference Group held on 13 August 2007, be confirmed as a true and correct record of proceedings.

4. REPORTS OF OFFICERS

4.1 HEALTHY COMMUNITY CO-ORDINATOR

4.1.1 ACTIVITY REPORT

File: H2-3
 Author: Greg Daniel, Healthy Community Coordinator
 Interest Declared: No interest to disclose
 Date: 11 October 2007

Activity	Stage of proposed activity
<p>After School Activities: This program has continued to run on two to three afternoons per week with Tuesday, Wednesday, and Thursday being the regular timeslots. Sports include football, indoor soccer, basketball, table tennis, and netball. Other activities include pool, arts and crafts, computer work, music, and singing.</p>	<p>This is designed to be an ongoing program to continue for the next 12 months. Participation levels have been solid ranging from 10 – 25. The children often ask about the activities for the week ahead, demonstrating a keenness to get involved with the after school program.</p>
<p>Youth Club: The Youth Club has been seeing some heavy traffic of late, with the children particularly enjoying the various activities that are run there. As well as our fortnightly movie nights, the Youth Club is used for music workshops and games. Equipment available for use includes table tennis, pool, drums, guitars, percussion, boxing bag, and a large screen for movies and other games.</p>	<p>This project has now been successfully implemented and the Youth Club sees regular use by the children of Yalgoo. Adult supervision is required at all times and therefore this is an ongoing project. The Youth Club was designed for use throughout the entirety of the Healthy Community Project.</p>
<p>Auskick: The Auskick program ran successfully for the duration of the football season with attendance numbers ranging from 10 – 25, dependant on a variety of factors. We have been focussing on a lot of skills training and fitness, teaching the children correct warm up procedures and encouraging teamwork during scratch matches. There has been a noted improvement in the children's skill development. The children have also been taking ownership of the Auskick sessions by assisting with set up and pack away, ensuring balls are pumped and ready to use, and occasionally collecting other children to ensure greater attendance. These aspects of the Auskick program have been very encouraging. It has also been pleasing to see even numbers of boys and girls attending Auskick.</p>	<p>Auskick commenced on Saturday 12 May 2007 and was completed on Saturday 22 September 2007. This project was a fantastic success with all those who participated really enjoying the experience as well as developing new and improved skills. This has been a very rewarding experience running the 2007 Auskick program.</p>
<p>Adult Sport: The Adult Sport program was run successfully for an eight week period during February, March and early April. At this time we played netball once a week on a Wednesday evening. After several requests from community members this project has been resurrected. During the winter and early spring the HCP made several attempts to rekindle this project with limited success. Part of the issue seemed to be in relation to the weather, as it was very cold in the early evenings and the sun sets around 5.30pm. Most people seemed to be reluctant to engage in sport at this time of the evening. In response to the lack of numbers I produced a survey to help record exactly what it is the community want from the Adult Sport program. I am currently collecting and collating these results. We do hope that coming into more suitable weather at this time of the</p>	<p>Adult Sport recommenced on Wednesday 1 August with virtually no attendance (the weather was less than desirable on this evening and it was expected that there would be small numbers). Wednesday 8 August was better, and we were able to have a game with six players. Fliers have been distributed around Yalgoo and numbers are expected to increase over the coming weeks. The Adult Sport project will run for another six to eight weeks, to be reassessed at that time, dependant on success in achieving the desired outcomes. This means regular attendance and interest by the community, and a positive flow on effect in relation to lifestyle and healthy practices.</p>

<p>year that there will be an increase in the level of interest. This can also be achieved through promotion and continued encouragement within the community.</p>	
<p>Visiting Volunteers: Volunteering WA is an organisation that registers travellers under the heading of 'Visiting Volunteers'. These volunteers spend time in different regional centres whilst travelling throughout WA. The Visiting Volunteer program links travellers with communities that may require volunteer help. In late August - early September we had one such volunteer, Mary Yates, visit Yalgoo to volunteer her services. She assisted with some of the Healthy Community Project programs during her stay. She stayed at the caravan park where she was provided with subsidised costs in exchange for her assistance around the Yalgoo community.</p>	<p>I have been liaising with Volunteering WA over the past five months. This is not an official project, and there are minimal associated costs. However, as the Visiting Volunteers will assist us with HCP programs it is of benefit to us to facilitate their volunteer roles within the community. Using this most recent visit as a starting point, we can develop a healthy relationship with Volunteering WA and encourage more travellers in the future to visit Yalgoo. There is no proposed 'end date' for the Visiting Volunteers program. The idea is to establish an ongoing symbiotic relationship with this organisation.</p>
<p>Emu Cup: The Emu Cup for 2007 was cancelled due to a lack of community interest, and in particular, a lack of reliable volunteers to assist with the various roles leading up to the event and for the actual proposed Emu Cup. The committee decided that the fundraising for next year's event would begin immediately in order to guarantee success.</p>	<p>This project is now closed for 2007. The 2008 organisation is to commence as soon as possible.</p>
<p>Photography Scrapbook: This project is currently in the embryonic stages. The idea behind the Photography Scrapbook is to teach the children how to use cameras and take effective photographs to be used for record keeping. Over a period of several months children will be provided with disposable cameras and taught how to use them and how to take effective photos. They will be asked to document aspects of both their home and family life, as well as activities they are involved in through the HCP. They will be asked to consider what is important to them, and reflect on links to their indigenous culture. The Scrapbook will act as a personalised record of their involvement within the Yalgoo community and a permanent record of what they have achieved throughout the year. It hopes to encourage the children to take an active role in their development and take ownership in their work, as well as enhancing self esteem and pride within individuals.</p>	<p>This project commenced during late August and began with one photography session designed to familiarise the children with the equipment and teach them some of the basics of taking a good photograph. Some of the children's photography has been used in the Yalgoo Bulldust to highlight how well some individuals developed their photography skills. The next photography workshop will commence in week one of the school term in October. This project will be ongoing, culminating in a scrapbook of the children's photographs.</p>

ACQUITTALS

Nil

OFFICER RECOMMENDATION

The Healthy Community Coordinator's activity report be received by the Healthy Community Project Reference Group.

4.2 COMMUNITY CAPACITY BUILDER

4.2.1 ACTIVITY REPORT

File: H2-3
 Author: Leanda Adams Community Capacity Builder
 Interest Declared: No interest to disclose
 Date: 10 October 2007

Activity	Stage of proposed activity
Playgroup	Play group continues to run on a Friday from 10am-12noon. There are many activities that children can take part in, from outside activities to art and crafts music and story time. The numbers of children fluctuate but we do have one little man that come rain hail or shine. During this time he has become a lot more confident in himself and at school and with others. This has proved to be a great stepping stone and I am extremely proud of him and his achievements.
Cooking for movie nights	The children that come to these classes enjoy this immensely and are regulars. We have cooked many different meals. Some they would like to do again and others they do not. They love to have an input into what they will be making and this is a great thing. The children that come now have the skills they need to help prepare their meals and it is proving to be a great social afternoon as well as educational. The children try to include a new ingredient each week to increase their pallet.
Opportunity shop	This has proven to be very successful. The way that the community supports this venture is fantastic. We have had a lot of donations from people as well as lots of sales. We are now entering our summer so we will be getting more stock soon. The winter range that we provided proved to be very successful and the clothes that we were not able to sell will be sent another community so not only are we providing a service to our town we are able to help other communities in the process.
Music Program	The music program is ongoing and the children do get a great deal of enjoyment out of this. Some of the children now know up to three songs on the guitar; for others it has taken longer. This program is one that will have long term benefits to the children of Yalgoo
Respite day	The first outing for the caregivers of Yalgoo will be on Thursday the 19 of October. The community members are looking forward to this and we are hoping to visit the art gallery so that we can look at the different styles of art throughout our region.
Yalgoo holiday program	This program proved to be successful the children were involved in making sun catchers and jewellery, they participated in sing star and table tennis, they had a picnic to Chinaman's rock, a movie night and a trip to Geraldton for a picnic and to see a movie. The children this holidays have to do one thing for their community and so they helped to spread the sand under the play equipment at the school. This was hot and heavy work and the children that came to help were commended for doing so.

ACQUITTALS

None

OFFICER RECOMMENDATION

The Community Capacity Builder's activity report be received by the Healthy Community Project Reference Group.

5. MEETING CLOSURE
