

# DISCLAIMER

The Yalgoo Bulldust is published by the Shire of Yalgoo as a public service for the community.

Contact: Shire of Yalgoo

Mail: 37 Gibbons St, Yalgoo 6635

Phone: 99628042 Fax: 99628020

Email: cdo@yalgoo.wa.gov.au

The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Yalgoo. All articles, comments, advice and other material contained in this publication are by way of general comment or advice only and are not intended, nor do they purport to be the correct advice on any particular matter or subject referred to. No person should act on the basis of any matter, comment or advice contained in this publication without first considering, and if necessary taking appropriate professional advice upon the applicability to their particular circumstances. Accordingly, no responsibility is accepted or taken by the Shire of Yalgoo, or the authors and editors of the Yalgoo Bulldust, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained here in.

Committee of the Commit

# **ADVERTISING**

# WOULD YOU LIKE TO PROMOTE WHAT YOU HAVE TO OFFER? THE YALGOO BULLDUST CAN HELP.

Advertising Commercial - Full Page (Black & White) FREE

Advertising Commercial - Half Page (Black & White) FREE

Advertising Commercial - Quarter Page (Black & White) FREE

Advertising Community - All of above (Black & White) FREE

Advertising Commercial - Full Page (Colour) FREE

Advertising Commercial - Half Page (Colour) FREE

Advertising Commercial - Quarter Page (Colour) FREE

Advertising Community - All of above (Colour) FREE

Please call the Shire if you have any enquiries on 08 9962 8042

EDITION: March April 2024

# **COUNCIL MEETING DATES 2024**

The Shire of Yalgoo schedule of meeting dates and locations for 2024 are as follows:

Date	Day	Time	Location
24/01/2024 (January)	Wednesday	10:00am	Yalgoo
26/02/2024 (February)	Monday	10:00am	Yalgoo
22/03/2024 (March)	Friday	11:00am	Paynes Find
26/04/2024 (April)	Friday	10:00am	Yalgoo
31/05/2024 (May)	Friday	10:00am	Yalgoo
28/06/2024 (June)	Friday	10:00am	Yalgoo
26/07/2024 (July)	Friday	10:00am	Yalgoo
30/08/2024 (August)	Friday	11:00am	Paynes Find
18/10/2024 (October)	Friday	10:00am	Yalgoo
29/11/2024 (November)	Friday	10:00am	Yalgoo
20/12/2024 (December)	Friday	10:00am	Yalgoo

Ordinary Council Meetings commence at 10.00 am and are held in the Council Chambers, Gibbons Street, Yalgoo, or in the Community Centre, Paynes Find at 11am

The Ordinary Council Meetings are open to the public.

# **COMING SOON**

Road Side Rubbish Pick Up



SHIRE OF YALGOO

**Week Starting** 15 April 2024

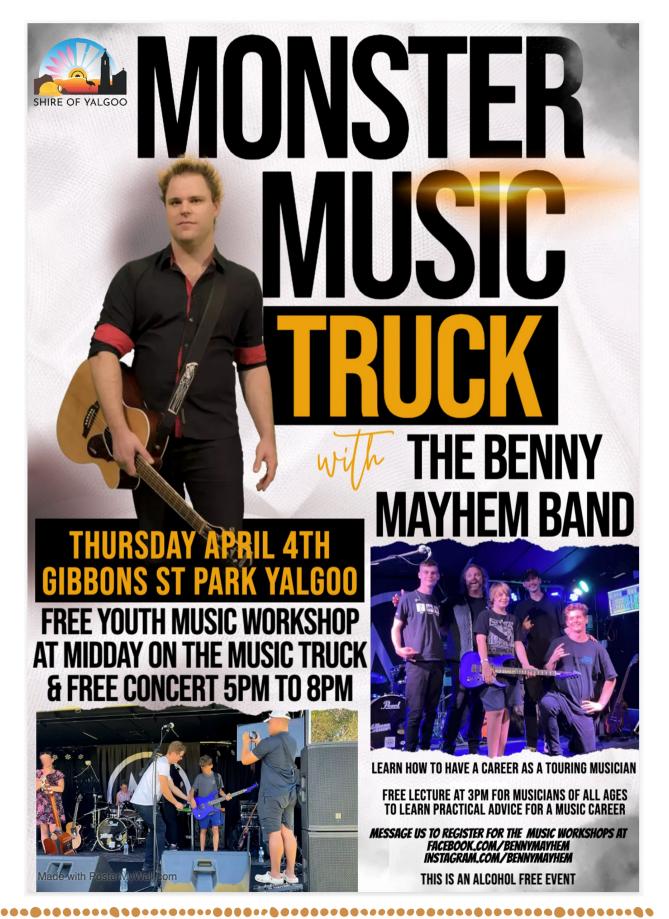
Remember...



SHIRE OF YALGOO

- Furniture, electrical goods, green waste, scrap metal, timber & general junk accepted
  - Separate waste types into different piles (white goods, metals, general)
    - ✓ Keep clear from footpaths, water meters, light poles & trees
    - ✓ Put out waste no more than 7 days before the collection date
  - ✓ For Cars, Car Parts and Batteries CONTACT THE SHIRE OFFICE on 9962 8042.
    - No asbestos, building waste

# **SAVE THE DATE 4TH APRIL 2024**



**EDITION: March April 2024** 

# TENDER NO.RFT 01/24 FLOOD RECOVERY WORKS



# TENDER No. RFT 01/24 -FLOOD RECOVERY WORKS FOR THE SHIRE OF YALGOO

The Shire of Yalgoo (Shire) invites Tenders from suitably experienced civil contractors to complete repairs to various roads on a lump sum basis associated with DRFAWA AGRN962 & AGRN1021.

Suppliers meeting the requirements of the tender specification are invited to apply. The contract will be in the form of a Principal administered Minor Works contract utilising AS4906-2002 with work undertaken on a Lump sum basis under the supervision and direction of the Shire.

Tender documents are available for download at the following address <a href="https://portal.tenderlink.com/corebusiness/">https://portal.tenderlink.com/corebusiness/</a>. Further information is available from Bruce Lorimer of Core Business Australia via Core Business Australia's Tenderlink Portal. Only questions uploaded to the tender forum will be responded to.

To be considered, tenders must be received prior to the tender deadline and uploaded to Core Business Australia's Tenderlink Portal at <a href="https://portal.tenderlink.com/corebusiness/">https://portal.tenderlink.com/corebusiness/</a>.

Late tenders will not be accepted. Facsimile, emailed or hard copy tenders will not be accepted. The Shire of Yalgoo does not intend to submit a tender.

### Deadline for tender submissions is 2.00pm AWST, Thursday 11th April 2024

•••••••••••••••

The lowest or any tender will not necessarily be accepted. Canvassing of Councillors or employees will disqualify.

lan Holland Chief Executive Officer Shire of Yalgoo

**EDITION: March April 2024** 

# **LOOKING FOR WORK**

### SHORT TERM CASUAL WORK

The Shire of Yalgoo is seeking local individuals for casual work to provide support to our outside works and parks and gardens crew. Occasional and on call work will be available when requested by the Shire Foreman which may include tidying Shire Facilities and preparing public spaces for community functions.

Experience with gardening equipment, power tools, Building Maintenance and pressure washers is desirable. Training and personal protective equipment will be provided.

Further information can be obtained from the Shire of Yalgoo Office on 08 9962 8042 or by emailing works@yalgoo.wa.gov.au.

Please submit your resume to the Yalgoo Shire Office, application will be accepted until 4.00pm Friday, 5<sup>th</sup> April 2024

Craig Holland Works Forman



# YALGOO RECONCILIATION DAY



EDITION: March April 2024



# **COMMUNITY DEVELOPMENT**

Elisha Hodder

# **Seniors Morning Tea**



Seniors Morning tea held in March was a very active day with a few visitors, we had the Abandon Mines Team from the Department of Energy, Mines, Industry Regulation and Safety, (DEMIRS) attend and spoke with our elders about the Safer Shafts for Towns Project. They spoke about the project starting in 2022 and that

their key objective is to reduce the risk to any child that may be exposed to old mine shafts, and that Yalgoo was one of three pilot locations selected to trial the Project,

which were selected based on the number of known highest risk shafts that may be located within one kilometer of a school. It was great to see our elders engaging in the discussions and asking questions to help make our Community a safer place. For more information about the Safer Shafts for Towns Project brochures can be found at the Shire Office.



On the other hand I would like to thank Rebecca Corbett and Amy



Bowley from Aboriginal Family Legal Service for taking the time to travel to Yalgoo to have a chat about their services, and what they offer. Hope-



fully we will see more of you. More information can be found on their website. https://www.afls.org.au/

# **Mother's Day Raffle**

We have set up a Mothers day raffle which is now on sale. Tickets can be purchased at the Yalgoo Shire Office and the General Store. You have a chance to win one of 3 prizes. The draw will be held on Friday 10th May 2024 at 3pm. For more information please contact Elisha Hodder at the Shire Office.

Continue —>

**EDITION: March April 2024** 

# **RECONCILIATION DAY & NAIDOC DAY 2024**

On Thursday, 14 March, the Art Centre Manager Gail Simpson, Yalgoo Primary School Principle Jake Nelson and myself sat down for a meeting to discussed that we join forces and work together for Reconciliation Day and NAIDOC Day.

# **RECONCILIATION DAY**

Will be held on Wednesday, 29 May 2024 12pm - 2.30pm at Core Stadium

NAIDCO DAY 2024

Will be held on Tuesday, 18 June 2024

10am - 2.30pm at Yalgoo Primary School



We are always looking for volunteers, so please if your would like to be involved come and see me at the Shire Office.

# **ANZAC 2024**

As always Anzac Day falls on the 25 April which is a Thursday this year. We will be holding a Dawn Service followed by Breakfast (Bacon and Egg Goo Muffins, tea, coffee and Juice).

# **Carey Right Track Foundation**

This term we have Chris Bolton and his team from Carey Right Track Foundation coming back to Yalgoo for one afternoon on a fortnight basis to continue their program with our youth, so please parents we ask that you encourage your children to attend and we also encourage you as parent to attend and engage with your children and participate or just come along for a chat and meet the team.

Their visits are as Scheduled;

Week 8; Wednesday 20th March

Week 9; Wednesday 27th March

We are currently working on getting the Carey Right Track Foundation back for the remainder of the year with the assistance and support of the Alcohol and Drug Foundation (ADF).

EDITION: March April 2024

### **Abandoned Mines Program**

The Abandoned Mines Program (AMP) commenced in 2015 following the establishment of the Mining Rehabilitation Fund Act 2012.

The Act establishes a fund to ensure that the community of Western Australia will not pay for the rehabilitation of mining operations that may become abandoned in the future and provide a source of funds to address legacy sites.

### Safer Shafts for Towns Project

This project was initiated in 2022 with the key objective of reducing the risk to any single child that may be exposed to old mine shafts.

### Sites selected according to risk

Yalgoo was one of three pilot locations selected to trial the project. Pilot locations were selected based on the number of known highest risk shafts that may be located within one kilometre of a school.

Other locations will be undertaken in order of priority according to the number of known highest risk features in a location as funding becomes available.

### Project implemented in stages

2022-23	Stage 1: Feature survey and risk assessment		
2024-25	Stage 2: Engineering assessment and design		
2024-25	Stage 3: Remedial earthworks		
2025-27 Investigate wider area for Valgoo			

### Stakeholder engagement

The AMP is engaging with local stakeholders to obtain feedback on community values in relation to old mine shafts.

The AMP will seek opportunities to engage with local business and for local Aboriginal people to be employed on Country through implementing the project.



### **Acknowledgement of Country**

The Department of Energy, Mines, Industry Regulation and Safety (DEMIRS) respectfully acknowledges Aboriginal peoples as being the traditional custodians of Western Australia. We acknowledge the enduring connection Aboriginal people continue to share with the land, sea and sky through both their ancestral ties and custodianship to Country. We pay our respect to Elders both past and present, and acknowledge the value brought to our department through the collective contribution of Aboriginal and Torres Strait Islander peoples across Western Australia.

# Contact us or report an abandoned mine feature

### **Abandoned Mines Team**

Email: AbandonedMines@dmirs.wa.gov.au Website: www.demirs.wa.gov.au Phone: +61 8 9222 3333



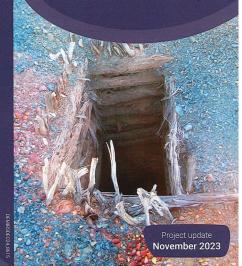


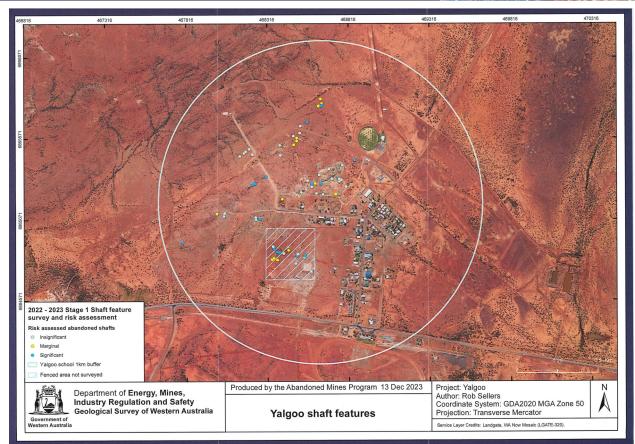


# Yalgoo

Abandoned Mines Program

Safer Shafts for Towns Project







# SHIRE OF YALGOO SHIRE OF YALGOO HOLIOEY April 2024

	DATE	EVENT	DESCRIPTION	TIME	AGE		
0	Tuesday 2 April 2024	Community Development	Nick Austin from Infinity Skates Rage Cage Skate Park	10.00am	7+		
0 0	Thursday 4 April 2024	Community Development	Monster Music Truck with Benny Mayhem Youth Program from 12pm 3hrs concert from 5pm Gibbons Street Park	12pm—8pm	All Ages		
0	Friday 5 April 2024	Community Development	Rage Cage Activities	10am—12pm	All Ages		
	Monday 8 April 2024	Community Development	On Country Excursion  Round trip from Yalgoo to Melangata Station for Lunch and back around through Jingemarra Station with a few stop in between  Chinaman Rock and Chinnaby Flats	9.30am—4pm	7+		
0	Tuesday 9 April 2024	Community Development	Morning Rage Cage Activities Afternoon Art Centre Activities	10am—12pm 1pm—4pm			
	Wednesday 10 April 2024	Community Development	Morning Rage Cage Activities Afternoon Art Centre Activities	10am—12pm 1pm—4pm			
0	Thursday 11 April 2024	Community Development	Morning Rage Cage Activities Afternoon Art Centre Activities	10am—12pm 1pm—4pm			
	Friday 12 April 2024	Community Development	Midday Movie Core Stadium	11am—3.30pm	All Ages		

If your child is attending any Shire of Yalgoo School Holiday Activities we asks that a parent or caregiver be present incase of any emergencies.

# VOLUTEERS ARE ALWAYS WELCOMED



FOR MORE INFORMATION, CONTACT THE SHIRE OF YALGOO, 37 Gibbons St, Yalgoo. Western Australia, 6635. Phone: 0419 325 964| Email: cdo@yalgoo.wa.gov.au

EDITION: March April 2024



Contact us for more info on 0419 325 962

Made with PosterMyWall.com

# **MOTHER'S DAY RAFFLE**



# RAFFLE TICKETS NOW ON SALE

All ages can participate, buy a raffle ticket and go into the draw to win your Mother, Grandmother, Wife, Sister or Niece something special

Raffle Tickets can be purchased at

The Shire of Yalgoo Admin Office and General Store

Contact Elisha Hodder on 0419 325 964 for more info

Proudly sponsored by the Yalgoo Hotel and General Store

# MOTHER'S DAY RAFFLE PRIZES



# 1st Prize

\$100 Dinner for Two Gift Voucher at the Yalgoo Hotel

2 bottle of Non-Alcoholic Wines
Chocolates

Sponsored by the Yalgoo Hotel

# 2nd Prize

Pure Simplicity Planet Earth Gift Basket



**Sponsored by the Yalgoo General Store** 



# NA.E

# **3rd Prize**

Gift basket full of goodies your mum will enjoy

Sponsored by the Shire of Yalgoo

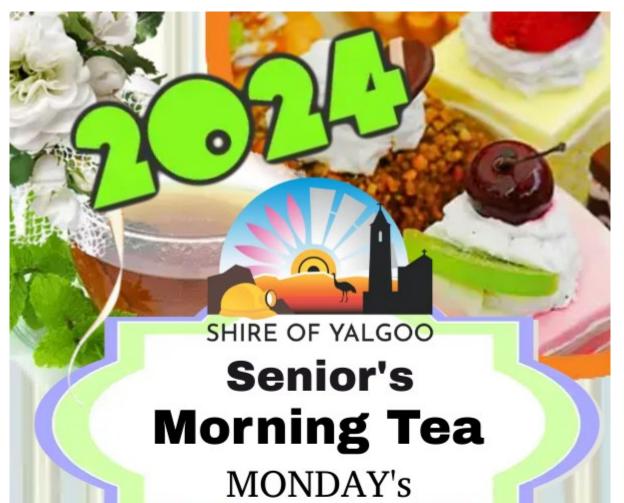
# **COMING SOON**



25th APRIL 2024

**EDITION: March April 2024** 

# 2024 SENIORS MORNING TEA DATES



# Yalgoo Arts & Cultural Centre

10.00am to 12.00pm

22 January 2024

19 February 2024

18 March 2024

15 April 2024

20 May 2024

17 June 2024

15 July 2024

19 August 2024

16 September 2024

21 October 2024

18 November 2024

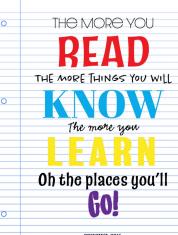
16 December 2024

More Information Contact Elisha on 0419 325 964 or

Made with PosterMyWall.com email cdo@yalgoo.wa.gov.au

# YALGOO PRIMARY SCHOOL







ļ	ior 2 days	a week	doesnt	seem r	nuch but	•••
Ī				- 1	and the same of th	

if your child misses	That equals	Which is	and over 13 years of schooling that's	which means the best your child might perform is
l day per fortnight	20 days per year	4 weeks per year	Nearly 1.5 years	Equal to finishing in Year II
I day per week	40 days per year	8 weeks per year	Over 2.5 years	Equal to finishing in Year 10
2 days per week	80 days per year	16 weeks per year	Over 5 years	Equal to finishing in Year 7
3 days per week	20 days per year	24 weeks per year	Nearly 8 years	Equal to finishing in Year 4

EDITION: March April 2024

# **2024 MOVIE NIGHTS**





Admin Office Closed 4.00pm

Thursday, 28 March 2024

And Re-Opens 9.00am

Wednesday, 3 April 2024

From everyone at the Shire of Yalgoo we would like to wish you

A VERY HAPPY AND
SAFE EASTER
HOLIDAY LONG
WEEKEND

**EDITION: March April 2024** 



Aboriginal Family Law Services (WA) aims to provide FREE culturally secure legal and support services to Aboriginal and Torres Strait Islander people impacted by family violence or sexual assault in the towns of Wiluna, Mount Magnet, Mullewa Yalgoo, Meekatharra & Surrounding communities

We provide legal advice and assistance in a variety of matters including:

- Restraining orders
- Child protection matters
- Criminal Injuries Compensation and
  - Family Law

Our other services include:

- Information and Referrals
- Community Legal Education and
  - Law Reform



18 Chapman Road, GeraldtonWA 6530

Tel: 08 99654654 Fax: 08 99216377

Rebecca Corbett-Community Engagement Worker

Mobile: 0492064417



REPORT CRUELTY CALL:

1300 278 358 or Online cruelty report

If an animal's life is in danger, community members can also contact WA Police, who have the same powers to intervene under the Animal Welfare Act 2002.

If you want to report cruelty to wildlife, please call 1300 CRUELTY (1300 278 358) or report it online. Your report will be assessed and assigned to an Inspector.

EDITION: March April 2024

# AFTER SCHOOL ACTIVITIES



At the Yalgoo Rage Cage Tennis Courts

# **Every Tuesday**

Jnrs 4yrs - 11 yrs. Start at 3pm to 4pm Teens 12yrs - 17yrs. Start at 4pm to 5pm

More info contact Josh on 0472 912 101

# **Yalgoo Art Centre**

# **Afterschool Activities**

Teen Art Club

Wednesday's from 3.30pm—4.30pm

Younger kids are welcome to show up at the Art Centre from 2.30pm—4pm

Mondays

Tuesday's

Thursday's

Friday's





# **Afterschool Activities**

Carey Right Track Foundation was established in 2010 with the aim to empower remote and indigenous communities through athletics,

Their purpose is to;

- 1. Provide sporting opportunities
- 2. Develop growth mindset
- 3. Focus and encourage participation, courage and hard work over talent and early development.
- 4. Development of Healthy Body, Healthy Mind principle.

Week 2; Wednesday 7th February

Week 4; Wednesday 21st February

Week 6; Wednesday 6th March

Week 8; Wednesday 20th March

Week 9; Wednesday 27th March

••••••••••••••••••••••••••••

# Notice

# Product and postage product prices

On 3 April 2024, there is an expected increase to domestic letter prices\* (including the basic postage rate from \$1.20 to \$1.50 and domestic letter services.

Details are available online at auspost.com.au/ pricingupdates.

The revised postage charges booklet will be available on request at the counter from mid April.

\*Subject to regulatory processes



BUNDIYARRA ABORIGINAL COMMUNITY

(ABORIGINAL CORPORATION)



# LOGO & CONCEPT DESIGN

# EXPRESSION OF INTEREST

CALLING ALL LOCAL ABORIGINAL ARTISTS
BUNDIYARRA NEEDS YOUR HELP!

Closes Friday 3rd of May 2024 3 PM AWST Winners Contracted Packages

Bundiyarra Logo & Concept Design \$3,000

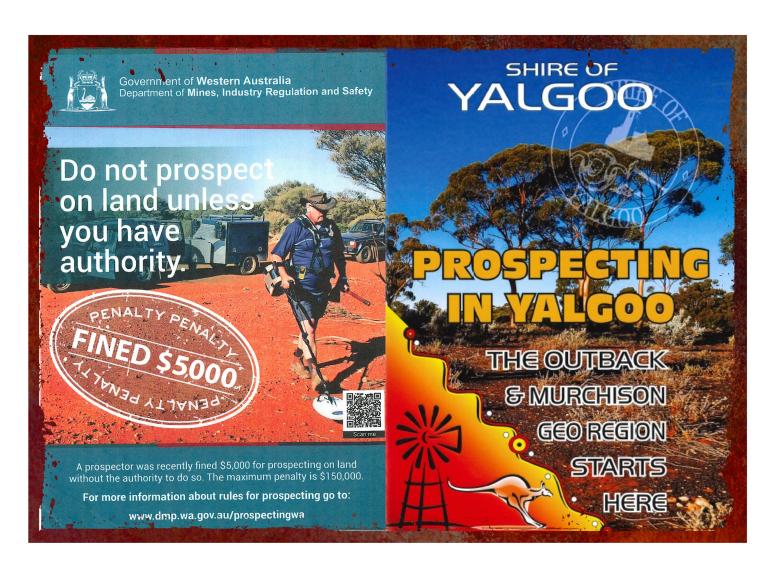
Irra Wangga Language Centre Logo & Concept Design \$3,000

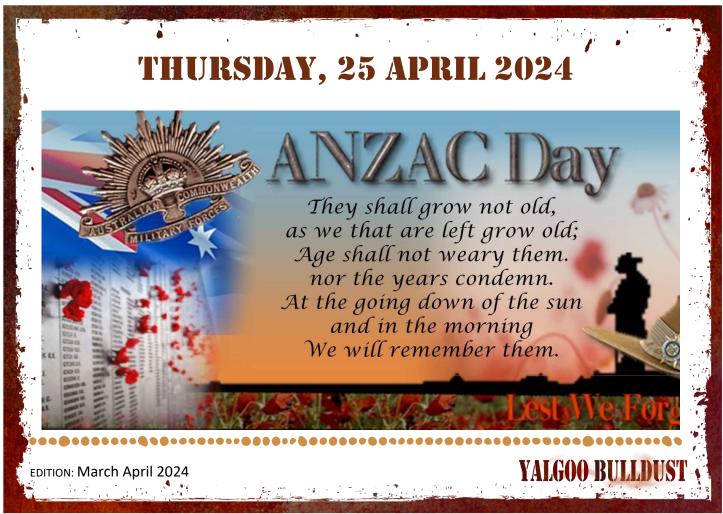
The Good Place Early Learning Centre Logo & Concept Design \$4,000

For any further queries, or a copy of the EOI Criteria & Guidelines please contact Donelle at assistant@bundiyarra.org.au or on (08) 9920 7900

Made with PosterMyWall.com.

**EDITION: March April 2024** 





# Midwest



# **COMMUNITY & EMPLOYMENT**







18th April 2024, 10am-1pm

Central Regional TAFE, 173 Fitzgerald Street, GERALDTON (J Block)

# JOB OPPORTUNITIES AVAILABLE! BRING YOUR RESUME...

Come along and CONNECT with EMPLOYERS from different Industries with ENTRY LEVEL to EXPERIENCED positions available.

# Free Event! Give Aways & Light Lunch on the Day!

Why not explore your CAREER options? While interacting with local organisations that will assist you with your pathway to EMPLOYMENT.

RSVP: 9th April 2024 (Exhibitors Only- To Reserve Exhibition Table)

ALL ENQUIRIES TO BE DIRECTED TO NATASHA - MIDWESTEVENTS@MEEDAC.COM www.meedac.com

**Proudly Supported By:** 









# About the settlement of the Western Australia Stolen Wages Class Action

Mr Mervyn Street brought a case in the Federal Court against the Western Australian Government on behalf of all Aboriginal and Torres Strait Islander peoples who weren't paid all their wages or money between 1936 and 1972.

The Western Australian Government has agreed to a settlement of the case in which it will pay up to \$180.4 million (depending on how many people register), which the Court will need to approve before any money is paid out.

A detailed notice giving information about the proposed settlement has been published and can be obtained using the contact details below.

# What do you need to register for the settlement?

If you are part of the class action and want to get a payment from the settlement, you need to complete and send in a registration form by 30 June 2024.

You are part of the class action and able to register if:

- a. you are an Aboriginal or Torres Strait Islander person born before 9 June 1962;
- between 11 December 1936 and 9 June 1972 you worked in Western Australia and worked at some time for little or no wages;
- c. you are representing a family member who qualifies and has since passed away (if you are their spouse (husband/wife/partner married or defacto) or child).

If you don't want to claim compensation, you don't need to do anything. But you will still be part of the case, and you will lose your legal rights if the settlement is approved.

# If you want to find out more about the case, the settlement or ask for a registration form, you can:

- Call Shine Lawyers on 1800 976 150
- · Email Shine Lawyers at wastolenwages@shine.com.au
- Go to <u>shine.com.au/stolenwageswa</u>
- Come to an information meeting at a town near you. You can call Shine Lawyers or visit the website to see the schedule of meetings.

1800 976 150 shine.com.au/stolenwageswa





# PATS process and forms have changed

(Patient Assisted Travel Scheme)

Your GP no longer needs to sign your PATS application form

# What is the new process?

- 1) You complete a PATS application form and include any requests for consideration outside the current guildelines.
- You submit your PATS application form in person, by post, fax or email to your local PATS office.
- Your application will be assessed internally by WACHS. Your GP may be contacted for additional information, as required to support the decision.



# Ready to get started?

Contact your local PATS team or scan the QR code to visit the PATS internet page.

Geraldton, Midwest & Murchison Gascoyne PATS.Geraldton@health.wa.gov.au

(08) 9941 0313

PATS.Camarvon@health.wa.gov.au



**EDITION: March April 2024** 



This fact sheet has information about Elder Rights WA

# What is Elder Rights WA?

Elder Rights WA (ERWA) is a holistic legal service for seniors and the aged based in the Civil Law Division of Legal Aid WA.

Our legal team provides legal advice, assistance and representation on certain types of legal matters and our social work team provides a range of tailored social work support in assisting clients in dealing with social, physical and mental challenges.

Who can use our service?

Our clients are people who are 65 years and older and First Nations and Culturally and Linguistically Diverse clients who are 55 years and older.

We can also provide information and referrals to "third parties" such as adult children or carers of the older person. However, we will not provide advice to third parties in most cases.

# Who provides the Elder Rights WA service?

Lawyers and social workers with specialist experience in laws and issues that affect older Western Australians.

### Our Cost

Elder Rights WA provides free legal advice.

"Our team of lawyers and social workers provide a state-wide service for vulnerable seniors who are experiencing certain types of legal problems"

# Where is the Elder Rights WA service located?

Our team is primarily based in Perth, with the state-wide service also accessible through 9 regional Legal Aid WA offices, as well as a network of 16 Virtual Offices in metropolitan Perth and the regions.

We also have an Elder Rights WA lawyer from Peel Community Legal Services who provides our services in the Peel Region, as Peel has one of the highest proportion of seniors in WA.

We provide advice by telephone, virtual office, face to face and through community outreach.



This fact sheet contains information only. It is not legal advice. If you have a legal problem, you should speak to a lawyer. Legal Aid WA aims to provide accurate information but does not accept responsibility if it is not.

You are welcome to copy, use and share the information from our website, including our resources and publications, if you are doing so for non-commercial or non-profit purposes. You must make it clear the content was created by Legal Aid WA.

INFOLINE 1300 650 579

WEBSITE www.legalaid.wa.gov.au

PAGE 1 of 2

Last reviewed: 18/08/22

EDITION: March April 2024

# What types of legal matters does Elder Rights WA cover?

# Legal advice and information on matters relating to planning for the future, including:

- · Enduring Powers of Attorney
- · Enduring Powers of Guardianship
- Advance Health Directives
- Wills

**Note:** While our service does not prepare or write these documents, the advice provided at our service is very valuable in helping our clients to make appropriate decisions.

# Other matters we can give advice about include:

- Loans given to adult children or others
- · Money or debts owed by clients
- "Granny flat" arrangements or other shared living arrangements
- Problems arising from living arrangements, including when adult children move in and refuse to leave
- Guarantors for loans/ mortgages for adult children
- Violence, including physical, psychological, emotional and sexual abuse
- Guardianship and Administration matters at the State Administrative Tribunal
- · Voluntary Assisted Dying laws

# Other services include:

- Representation in certain
   Guardianship and Administration
   matters in the State Administrative
   Tribunal
- Information and community legal education
- Referrals to specialist units within Legal Aid WA including Family Dispute Resolution Services and Domestic Violence Legal Unit

# How can I access the Elder Rights WA service?

To refer clients to the service or to request an appointment with a lawyer, please email:

ElderRightsWA@legalaid.wa.gov.au

or call the Legal Aid WA Infoline on 1300 650 579.

To find out more about Elder Rights WA you can visit the Legal Aid WA website: www.legalaid.wa.gov.au.

The Legal Aid WA website has information, videos and self-help guides on a range of legal topics.

If we cannot advise or assist on a particular issue, we may refer you to an appropriate service.

PAGE 2 of 2

Last reviewed: 18/08/22

EDITION: March April 2024





# What is elder abuse?

This fact sheet has information on elder abuse and how Legal Aid WA can help.

### What is elder abuse?

Everyone has the right to feel safe and be treated with respect. Unfortunately, some people do not feel safe and experience violence or abuse from someone else.

If an older person is experiencing violence or abuse, this is called elder abuse.

Elder abuse can include:

- » physical violence,
- financial abuse.
- emotional or psychological abuse,
- social isolation,
- sexual abuse, and
- neglect.

Everyone has the right to feel safe and be treated with respect.

# Who can elder abuse be from?

Elder abuse can be from a partner, another family member, neighbour, carer, someone who lives in your home or residential facility, or someone in a position of trust.

If an older person is experiencing violence or abuse, this is called elder abuse.

# What is physical violence?

Physical violence is when someone hurts you physically.

For example: if someone slaps, pushes, hits or physically restrains you.

# What is financial abuse?

Financial abuse is when someone uses your money without your permission.

Financial abuse includes:

- » someone selling your property without your permission,
- » someone forcing you to sign things you do not understand, and
- » someone taking control of your bank accounts.

If someone pressures you to give them money, this is also financial abuse.



This fact sheet contains information only. It is not legal advice. If you have a legal problem, you should speak to a lawyer. Legal Aid WA aims to provide accurate information but does not accept responsibility if it is not.

You are welcome to copy, use and share the information from our website, including our resources and publications, if you are doing so for non-co the content was created by Legal Aid WA.

INFOLINE 1300 650 579 WEBSITE www.legalaid.wa.gov.au

PAGE 1 of 2

Last reviewed: 12/05/2022

**EDITION: March April 2024** 



# What is emotional or psychological abuse?

Emotional or psychological abuse is when someone calls you names, swears or shouts at you, intimidates or humiliates you.

It includes threats to harm you or your pets.

# What is social isolation?

Social isolation is when someone refuses to let you go out and do things.

It includes stopping you from having contact with your friends, grandchildren, family members, support services, culture, and religion.

# What is neglect?

Neglect is when someone is meant to take care of you but doesn't give you proper food, clothing, healthcare, personal care or shelter.

Neglect can be intentional or unintentional.

Legal Aid WA has a specialist service for older Western Australians experiencing elder abuse.



# How can Legal Aid WA help?

It can be difficult to talk about these things if they are happening to you.

However, there are many services that can support and help you.

Legal Aid WA has a specialist service for older Western Australians experiencing elder abuse, called Elder Rights WA

Elder Rights WA operates from the Perth office at Legal Aid WA.

Advice can be provided by phone, face to face and through community outreach.

Lawyers with specialist experience in the laws that affect older Western Australians provide the Elder Rights WA service.

There is no cost in receiving advice from a lawyer at Elder Rights WA.

You can access Elder Rights WA by calling Legal Aid WA's Infoline on 1300 650 579.

You can also email: ElderRightsWA@legalaid.wa.gov.au

To find out more about Elder Rights WA you can visit the Legal Aid WA website: www.legalaid.wa.gov.au.

The Legal Aid WA website also has information, videos and self-help guides on a range of legal topics.

PAGE 2 of 2

Last reviewed: 12/05/2022

FACT SHEET - What is elder abuse?

EDITION: March April 2024

# IMPROVE YOUR MENTAL HEALTH & WELLBEING



# 10 TIPS TO HELP YOU STAY MENTALLY HEALTHY

# Reach out, connect and be a friend



Connect with people who bring out your best self and enrich your life. The quality of our personal relationships has a great effect on our wellbeing. Put time, effort and energy into building strong relationships and reap the rewards.

### Embrace nature

Being amongst nature is great for our soul, whether it's the bush, beach or backyard. Feeling connected to the great outdoors offers a sense of freedom, fresh air and adventure, plus the soothing natural elements around us are healing for weary minds.

# Organise your day

Being disorganised can build stress and anxiety. You may be able to avoid some of the triggers and learn to prepare for or manage others. A balanced, organised lifestyle can help you manage stress better. Take time to organise and plan your life to avoid being constantly in a frenzy.

# Go for a walk and move your body

There is no better medicine than exercise. It's not always easy to put on the joggers and head out for a walk - it takes motivation. But once you've made that effort, the reward is huge. Exercise clears your head and places you outside the environment that is causing you concern. Plus it's good for both mind and body!

### Take time out

Allow yourself some unfocused time each day to refresh; for example, let your mind wander, daydream or simply watch the clouds go by for a while. It's OK to schedule 'do nothing', to your day! You deserve some peaceful and calming time to yourself.

# See the funny side of life

Laughter is a wonderful medicine. Life isn't all work and no play. We get stuck in patterns and sometimes need to break out and ask ourselves – when did I last have a good laugh?



# Learn something new

Embarking on a challenge to meet a goal or leaning a new skill or hobby, whether at work or at play, improves your mental fitness and may be a great way to meet like-minded people. Learning is achieving and with it comes a great sense of accomplishment and improved self esteem.



# Have an early night



When your car runs low on fuel - you fill it up. When you run low on fuel make sure you do the same. Sleep is a great reviver. Late nights drain the energy reserves. Top up whenever you can.

# Eat healthy



Rest and exercise have limited use if you aren't eating well. Take time to plan your diet and cook meals that are nutritious and full of energy. Rushing around almost always results in "fast food" choices. Cooking can also be a therapeutic and creative process - you can get your kids involved too!

# Ask for support

This can be as simple as asking a friend to babysit while you have some time out or speaking to your doctor (GP) about where to find a counsellor, peer support group or community mental health service. Everyone's life journey has bumpy bits and the people around you can help. If you don't get the support you need first off, whether it's from a professional, friend or family member, keep asking until you do.













Western Australian Association for Mental Health

# FIND COMMUNITY MENTAL HEALTH SUPPORTS **NEAR YOU:**

waamh.org.au/support

Emergency services: 000 | Lifeline: 13 11 14 | Kids Help Line: 1800 551 800

Mental health emergency response line: 1300 555 788 (metro) or 1800 676 822 (Peel)



**FAMILY & CARER SUPPORT** 



**COUNSELLING SERVICES** 



PERSONALISED SUPPORT



INDIVIDUAL ADVOCACY



新聞 MUTUAL SUPPORT & SELF-HELP GROUPS



MENTAL HEALTH SECTOR DEVELOPMENT



MENTAL HEALTH PROMOTION



**ALCOHOL & OTHER DRUGS SERVICES** 



MENTAL ILLNESS PREVENTION



STAFFED RESIDENTIAL SERVICES



**EDUCATION EMPLOYMENT** & TRAINING



**SOCIAL & RECREATIONAL ACTIVIES** 



SERVICE COORDINATION



YOUNG PEOPLE & SCHOOLS



**WORKPLACE & WELLBEING** 

















EDITION: March April 2024



# FREIGHT SERVICES

# WE SPECIALISE IN THE FOLLOWING FREIGHT TRANSPORT.

- New Furniture
- Household Items
- Household Removals
- Sensitive Fragile Freight
- Commercial Equipment
- Pallet Freight

- · Hotel Furniture Fit Outs
- Small Consignment Freight.

### AREAS WE SERVICE ARE

- Geraldton to Perth twice
   Weekly
- North Hampton
- Kalbarri
- Horrocks
- Dongara

- Mingenew
- Morawa
- Perenjori
  - Threes Springs
  - Mount Magnet
  - Yalgoo

Please contact GT MOVERS if we can be of service to your business on **0458274428** or <u>gtmoverswa@gmail.com</u>

THE GREATNESS OF A COMMUNITY IS MOST ACCURATELY MEASURED BY THE COMPASSIONATE ACTIONS OF ITS MEMBERS.

**EDITION: March April 2024** 



# **Banana Bread**



# I. Mix sugar and butter



1 1/4 cup

½ cup butter

# 2. Add eggs and milk



2 eggs



¼ cup buttermilk

# 3. Add banana and vanilla



Mash 3 ripe bananas

Add to the bowl



Add 1 teaspoon vanilla

# 4. Mix in dry ingredients



2 ½ cups flour



1 teaspoon baking soda



1 teaspoon salt

# 5. Mix well



Pour batter into a greased loaf pan or muffin pan



# 6. Bake at 350°F for 30-35 minutes.



©Play to Learn Preschool

LUNCH

# **EASY BEEF TACOS**

# INGREDIENTS

- · 2 pounds ground beef
- 1 (14.5 ounce)
   Campbell's Mexican
   Style Tomato Soup
- · 12 taco shells, warmed
- · ¾ cup shredded lettuce
- ½ cup shredded Cheddar cheese
- ¾ cup diced tomato

Prep. time: 5 min

Cook time: 15 min

Serves: 6

## DIRECTIONS

Cook the beef in a 12-inch skillet over medium-high heat until well browned, stirring often to separate meat. Pour off any fat. Season with salt and pepper.

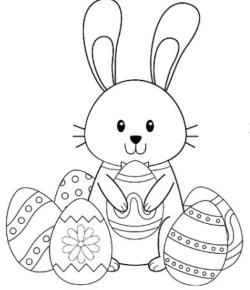
Stir the soup in the skillet and heat to a boil. Reduce the heat to low. Cook for 5 minutes or until the soup is reduced, stirrir



to low. Cook for 5 minutes or until the soup is reduced, stirring often. Divide the beef mixture among the taco shells. Top with the lettuce, tomato and cheese.

# Easter word search

C D 0 Н В S Т Ε R M В M R S E K Н P A Т L 0 Т D S N В 0 0 M - 1 Ν G Н E N Ε Ν Q C E R P D R K U N Α S N N Т K R S L E F L K Α L В В Н M M M В K 0 Т U E C S P C U N N P F G 0 W Ν 0 U W Н G Y 1 W F Y E S N C R Q S T Z D N F S X Н



# Words to find

APRIL
BASKET
BLOOMING
BONNET
BUNNY
CANDY
CHICK

CHOCOLATE

EASTER

EGGS

FLOWERS

HOLIDAY

JELLYBEANS

MARCH

MARSHMALLOWS

PASTEL

SPRING

SUNDAY

SUNSHINE

TULIPS

THANKSGIVING & CO.



# **Remote Services**

# **Department of Transport**

Visiting Yalgoo

When Friday 3 May 2024 10.00am to 12.30pm

Where Yalgoo Art Centre

# We will be able to help you with the following services:

- → Practical Driving Assessments
- Driver's licence applications
- → Theory tests
- > Rego and driver's licence renewals
- Photo card applications
- Change of address
- → Vehicle transfers
- → Return of number plates

To enable us to help you, please ensure you bring your birth certificate, Medicare card, bank card and two types of proof of residency, along with cash or card for payment.



### For enguirles please call:

Georgina - 9216 8182



# **DoT**Direct

# Swap queue time, for you time Online services available 24/7

Sign up to DoTDirect online services for around the clock services, payments, and applications, to manage your personal details, and more.

www.transport.wa.gov.au/dotdirect

**EDITION: March April 2024** 



# **Remote Services**

# **Department of Transport**

Visiting Pia Wadjarri

When Wednesday 1 May 2024 9.00am - 12.00pm

Where Pia Wadjarri

### We will be able to help you with the following services:

- → Practical Driving Assessments
- Driver's licence applications
- → Theory tests
- Rego and driver's licence renewals
- Photo card applications
- Change of address
- → Vehicle transfers
- > Return of number plates

To enable us to help you, please ensure you bring your birth certificate, Medicare card, bank card and two types of proof of residency, along with cash or card for payment.



### For enquiries please call:

Georgina - 9216 8182



# **DoT**Direct

•••••••••••••••••••••••••

# Swap queue time, for you time Online services available 24/7

Sign up to DoTDirect online services for around the clock services, payments, and applications, to manage your personal details, and more.

www.transport.wa.gov.au/dotdirect

EDITION: March April 2024

# DESERT BLUE CONNECT



# FREE Counselling & Mental Health Support

Desert Blue Connect offer free counselling and mental health support services to men and women living in rural and remote areas of the Midwest.

# Make an appointment today!

Phone: 0419348006

Email: info@desertblueconnect.org.au

Or Call Elisha Hodder on

# DESERT BLUE CONNECT



# **Free & Confidential Service**

# Rural Support Services for Children, Young People & Mature Minors

Servicing the North Midlands region, including Dongara, Mingenew, Mullewa, Yalgoo, Morawa, Coorow, Perenjori, Carnamah, Three Springs, and Eneabba.

Desert Blue Connect offers free counselling and support services to children, young people and mature minors in the North Midlands region. Our services can be tailored to the individual, group or setting.

### Counselling

Our confidential child counselling services is for children, young people and mature minors who have experienced family and domestic violence or sexual abuse, or are displaying problematic or abusive sexualised behaviours. Our counselling promotes safety, empowerment, healing, and recovery.

### **Protective Behaviours**

Our child counsellor also provides child focused sexual abuse prevention, education and early intervention.

# **Make An Appointment**

Phone: (08) 9964 2742 Mobile: 0499 732 281

Email: info@desertblueconnect.org.au

# **Other Support Services**

Your local GP

GRAMS: (08) 9956 6555

Kids Helpline: 1800 551 800

Parenting WA: (08) 6279 1200 or

1800 654 432

Lifeline Counselling Service: 131 114



www.desertblueconnect.org.au

**EDITION: March April 2024** 

# **DENTIST VISITS**

# MEEKATHARRA DENTAL CLINIC AND MOBILE TRAVEL DATES 2024

BASE: MT HENRY DENTAL CLINIC

Meekatharra	31 January - 9 February
Mount Magnet	21 February - 1 March
Cue	20 March - 29 March
Meekatharra	17 April - 26 April
Mount Magnet	20 May - 26 May
Sandstone	27 May - 31 May
Meekatharra	18 June - 28 June
Yalgoo	17 July - 26 July
Mount Magnet	14 August - 23 August
Meekatharra	11 September - 20 September
Mount Magnet	9 October - 18 October
Meekatharra	6 November - 15 November
Mount Magnet	4 December - 12 December

EDITION: March April 2024



# 1800 080 083

# www.dvassist.org.au

Supporting those experiencing family and domestic violence in regional, rural and remote Western Australia

**Online Services Directory** 

**Counselling Services** 

Information Hub

# **Find Help For**

- Accommodation
- Alcohol and Drugs
- Counselling
- Crisis Support
- Education
- Employment
- Every Day Necessities

- Financial
- Legal
- Medical
- Men's Support
- Mental Health
- Women's Support
- Youth Support

f 1 in

**EDITION: March April 2024** 



# YALGOO ART CENTER

Tuesday's to Fridays 12pm to 5pm

During Winter Months
Also on Saturday's 10am to 2pm

More Information Contact

Gail Simpson on artscentre@yalgoo.wa.gov.au

08) 9962 8042



# Know your standard drinks WINE 13% alcohol 100ml CIDER 4.9% alcohol 285ml SPIRITS 40% alcohol 30ml

EDITION: March April 2024

YALGOO BULLDUST

**health**direct

# YALGOO GENERAL STORE

# **STORE HOURS**

# Monday - Friday

8.30am - 1pm

2:30pm - 5:30pm

# **Saturdays**

10am - 1pm

# **Sundays**

10am - 12pm

# **Public Holidays**

**CLOSED** 

### **POST OFFICE**

Monday - Friday 8.30am to 11am

Looking for a

# **Justice of the Peace**

M. Raul Valenzuela Escobar

YALGOO WA 6635

Residential Phone: (08) 9962 8033

Mobile Phone: 0448779241



# YALGOO ST JOHN AMBULANCE SUB-CENTRE

Are you wanting to make a difference in your community..

Become part of the Yalgoo St John

Ambulance Sub-Centre

For more Information Contact the Chairperson Raul Valenzuela on 08 9962 8033 or Secretary Diane Hodder on 08 9962 8042 Monday to Fridays 8am—5pm

..............

EDITION: March April 2024

# YALGOO NURSING POST



# Royal Flying Doctor Service

	Dates 2024	Status 🦅	Clinic location	→ Doctor →
z	8-12	Confirmed	Yalgoo	Phil King
JAN	Wednesday 24th	Confirmed	Paynes Find + Yalgoo	Phil King
FEB	Wednesday 7th	Confirmed	Paynes Find + Yalgoo	John Terry
Ξ	19-23	Confirmed	Yalgoo	Phil King
MAR	Wednesday 6th	Confirmed	Paynes Find + Yalgoo	Di Comley
Σ	18-22	Confirmed	Yalgoo	John Terry
ŭ	15-19	Confirmed	Yalgoo	Di Comley
APR	Wednesday 1st	Confirmed	Paynes Find + Yalgoo	John Terry
>	13-17	Confirmed	Yalgoo	John Terry
MAY	Wednesday 29th	Confirmed	Paynes Find + Yalgoo	Di Comley
7	10-14	Confirmed	Yalgoo	Phil King
NOC	Wednesday 26th	Confirmed	Paynes Find + Yalgoo	Phil King



Dr Carter
Diabetic Educator—Julie
Kidney Doctor—Jenny

Visit's Yalgoo once a month

To know exact dates keep an eye out for the flyers or contact the Yalgoo Health Centre on **08**) **9962 8600** 

# YALGOO HOTEL MOTEL

Accommodation and Meals



Take-Away alcohol
Take Away food

Available from 4:30pm –9pm Monday—Saturday's Available from 6:00 pm—7.45pm Monday—Saturday's

Stan Willock Owner

T: (08) 9962 8031 F: (08) 9962 8046

E: <u>stan.willock@hotmail.com</u>





EDITION: March April 2024

# YALGOO CARAVAN PARK

The Yalgoo Caravan Park is situated in the main street of Yalgoo (Gibbons Street) which is a comfortable six hours drive north of Perth or just two hours east of Geraldton. We have first rate facilities to suit all travelers including; motel style unit accommodation for singles, couples or families, large powered or unpowered caravan sites and drive through sites big enough to suit the largest RV. Pets are welcome to this clean and friendly park.

One of the best features of the Yalgoo Caravan Park is its central location to the many attractions in the region. Within a short distance from the park you can experience a wildflower wonderland from late July to September, visit one of the smallest Dominican Chapels built by Monsignor Hawes and see majestic Wedge Tail Eagles, kangaroos or emus in their natural environment. For the convenience of our visitors there is a tourist information Centre situated in the caravan park.

The Yalgoo Caravan Park offers travelers a full range of on-site facilities including:

- Rammed earth units and self contained chalets to accommodate all types of travelers
- Drive through sites for the largest bus, motor-home or caravan
- Shady large sites with concrete slabs
- Modern camp kitchen with fridge, microwave, 2 hotplates, toaster & electric jug
- Laundry with washing machine & dryer
- Ensuite style bathrooms
- Large disabled shower/toilet room for wheelchair and carer
- Sullage dump point
- Water access
- BBO's
- **Tourist information Centre**
- Pet friendly
- Telstra mobile reception in town
- Shady, grassed and level tent sites
- Pension discount available.

**Address** Gibbons Street, Yalgoo

Phone 0472 830 088

**Email** cpark@yalgoo.wa.gov.au

The Yalgoo Caravan Park is Open for Business

**Book** Online Now (Units Only)









**EDITION: March April 2024** 

# YALGOO CARAVAN PARK PRICE LIST

(All Sites are for 2 Adults & Children under 15 years)

DAY		
Powered Site	\$	30.00
Powered Site - Pension	\$	30.00
Powered Sire - Extra Person	\$	7.00
Drive Through Bays	\$	40.00
Unpowered Site	\$	30.00
Unpowered Sire - Extra Person	\$	7.00
WEEK		
Powered Site	\$	160.00
Powered Site - Pension	\$	143.00
Powered Sire - Extra Person	\$	30.00
Shire Employees	\$	50.00
Unpowered Site	\$	95.00
Unpowered Sire - Extra Person	\$	16.50
UNITS		
Unit Ensuite	\$	140.00
Unit	\$	90.00
Key Bond (Refundable)	\$	20.00
SELF CONTAINED UN	ITS	
House One	\$	180.00
House Two	\$	180.00
OTHERS		
Showers	\$	5.00
Chapel & Museum Entry	Gold	coin Donation
Power Point	\$	8.00
Yalgoo Tea Towels	\$	12.00
	I .	

EDITION: March April 2024

			MIRACK
Tell us what you	liked, what you didn't like, what co	ouid be improved and wr	
Cut out and dron	your feedback form into the Shire	office, or place in	YALGOO BULLDUS
	your reeuback form into the sime of	ception.	1 ALOVO DULLIDOS

# **COMMUNITY SURVEY**

If you have any Ideas that could benefit our community please feel free to let us know, whether it's activities, workshops or something you would like to see in the near future.











